



2025 Annual Report

Putting Our Heart Into
Whole Person Care



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Our Mission

MyCHN’s mission is to provide quality care that uplifts, supports, and shapes healthy communities while addressing financial barriers.



Our Vision

The vision of MyCHN is to be a leader in providing quality services and programs that enhance the lives of the people in our community.



Our Values

The values of the Center are quality care at reasonable costs, education to promote healthy living, access to needed care, transparency in all aspects of our operations, competent and empathetic staff, high professional standards, and commitment to advances in healthcare.

MyCHN is led by exceptional leaders who cultivate a culture of support, strategic insight and measurable success. Through program expansion, development, and innovation, the Center has evolved to effectively serve its patient population. This work is further strengthened by the guidance of a dedicated Executive leadership team and an engaged Board of Directors, whose governance and strategic oversight ensure MyCHN’s long-term sustainability and impact within the community.

MyCHN Executive Team:

Mark Young	Chief Executive Officer
Dr. Yvette Poindexter	Chief Medical & Chief Operations Officer
Linh Tran	Chief Financial Officer
Penny Pabst	Chief Administrative Officer
Dennis Shelton	Chief Information Officer
William Parker	Chief of Pharmacies Officer
Sharon Barnes	Chief Human Resources Officer
Demeatraus Minter	Chief Behavioral Health Officer
Ezreal Garcia	SVP, External and Strategic Affairs
Melialoha Bartlett	Sr. Vice President Value-Based Care
Sindy Medina	Sr. Vice Present of Operations

MyCHN Board of Directors:

Gerald Roznovsky	Board Chair
Gina Adams	Vice Chair
Marbella Hooper	Secretary
Cornelia Jammer	Treasurer
Bel Sanchez	Board Member
Dr. Debra Fontenot	Board Member
Bonnie Horton	Board Member
Cheryl Sellers	Board Member
Andrea Nguyen	Board Member
Adam Martinez	Board Member



New Name, Same Commitment to You

In April 2025, Community Health Network transitioned its name to **MyCHN**, ushering in a new chapter and promising the same commitment to patients with expanding innovative services.

While the name is new, MyCHN remains committed to its mission to *provide high quality, compassionate whole-person care to all patients and families served.*

“We are proud to announce that Community Health Network is now officially MyCHN. Over the years, we have gone by different names – from Stephen F. Austin Community Health Network to Community Health Network, and now **MyCHN** – a name that reflects our ongoing mission to make quality health care accessible and enhance the lives of the communities we serve. This rebrand represents a bold step forward while staying true to who we are. We wanted a name that reflects our relationship with the people we serve.

You’re not just visiting a health network – you’re part of MyCHN.”

Mark Young, Chief Executive Officer of MyCHN

MyCHN’s transition reflects a refreshed brand identity that includes an updated logo, signage, and materials across all clinics and communications. While the name and visual identity have evolved, the MyCHN’s core commitments remain unchanged. MyCHN provides compassionate, patient-centered care through its dedicated team of providers and staff, offering a comprehensive range of services including family medicine, pediatrics, dental care, behavioral health, women’s health, and more.

As MyCHN moves forward, it remains focused on delivering innovative and inclusive care designed to meet the needs of every patient, while continuing to serve individuals, families, and communities with the same trusted commitment.



Who is MyCHN?

18 years ago, MyCHN was formed as a private, not-for-profit Federally Qualified Health Center (FQHC) in April of 2008 with a single clinic and administrative site in Brazoria County. Today, MyCHN operates 22 full-time, full-service health centers across Brazoria, Galveston, and Harris Counties, supported by two mobile units and transportation vans that expand access to care and essential resources. These clinics deliver an array of integrated services such as primary care, oral health, behavioral health, specialty, and pharmacy services to anyone in need of health care, including the low-income, uninsured, and underinsured population in its service area and across Southeast Texas, along the Gulf Coast, and the Greater Houston Metro Area.

MyCHN is proud to present the 2025 Annual Report, a reflection of a year defined by growth, achievement, and an unwavering dedication to the communities it serves. Throughout 2025, the Center reached new milestones by continuing to open new clinic sites and introducing new programs and specialty services.

The achievements of MyCHN are made possible by the dedication, expertise, and compassion of its employees. Their unwavering commitment enables MyCHN to deliver high-quality, whole-person care across all clinic sites, ensuring that every patient receives comprehensive support for their physical, mental, and emotional well-being. The accomplishments of the past year reflect a team that not only adapts to the evolving health care system, but also consistently upholds the highest standards of care for both patients and colleagues, demonstrating a culture of collaboration, resilience, and excellence.

The 2025 Annual Report highlights the many accomplishments that has sustained MyCHN's mission over the past year while creating a strong foundation for growth and success.



Putting Our Heart Into Whole Person Care

MyCHN's Timeline

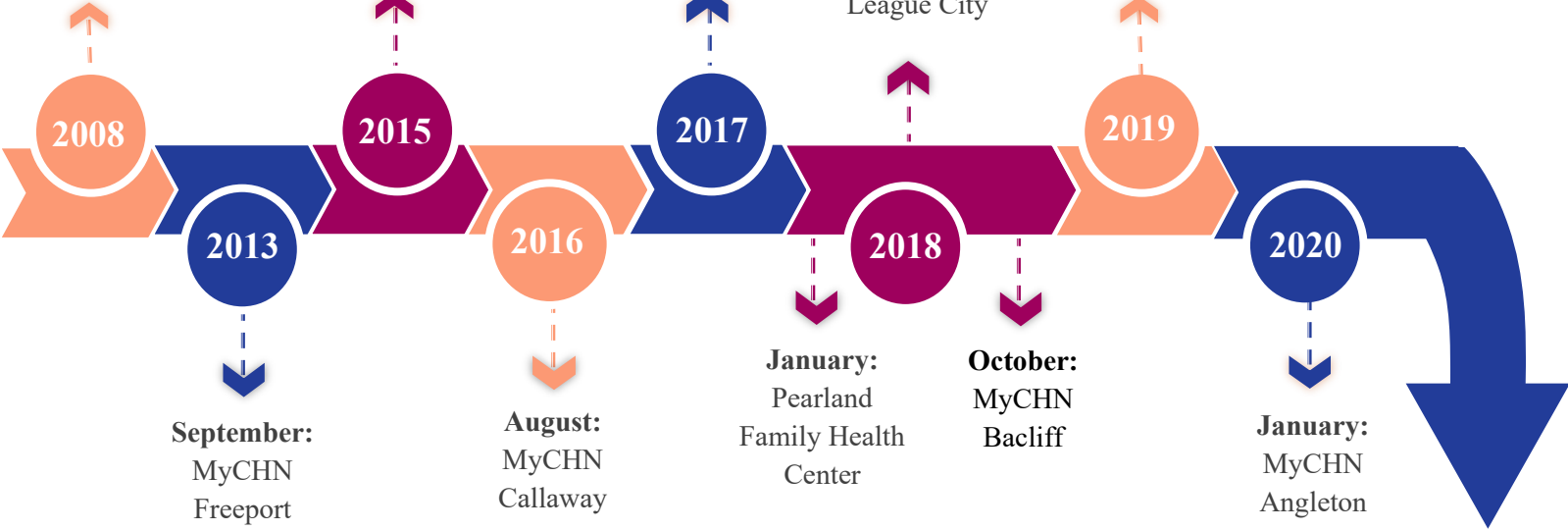
April:
MyCHN was formed and first clinic site opens, MyCHN Adoue.

November:
MyCHN Women and Childrens

August:
MyCHN Clute

February:
MyCHN League City

September:
Scarsdale Family Health Center



September:
MyCHN Webster

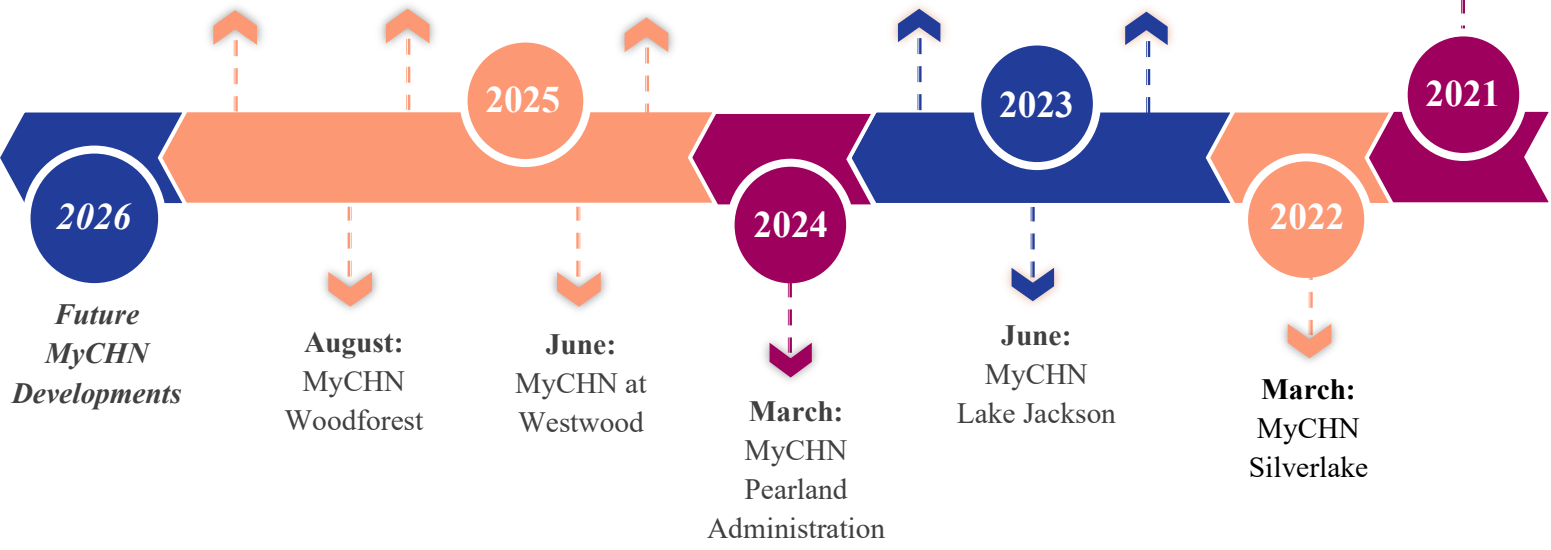
July:
MyCHN Angleton Oasis

January:
MyCHN Specialties

July:
MyCHN Pasadena

May:
MyCHN Technology Drive

May:
Lake Jackson Family Care



MyCHN Services

MyCHN is proud to offer a wide range of services, including, but not limited to, the following:

Primary Care and Family Care



- Primary Health
- Dental Health
- Behavioral Health
- Pharmacy
- Remote Patient Monitoring
- @Home Care
- Patient and Family Education
- Acute, Preventive, and Chronic Care

Women's Health



- Prenatal Care
- OB Delivery Services
- Well Woman Care
- Cervical Screens
- Breast Screens
- Contraceptives

Pediatric Care



- Newborn Care
- Well Child Exams
- Immunizations
- Pediatric Dental
- Acute Care

Dental Care



- Preventive Exams
- Oral Health & Hygiene
- Endodontics
- Prosthodontics
- Pediatric Sedation

Medication- Assisted Treatment (MAT) Program



- Detoxification & Maintenance

Counseling



- Individual Therapy
- Therapy Support Groups
- Group Therapy
- Transportation
- Crisis Program
- Intensive Outpatient Program (IOP) Services

Psychiatry

- Medication management
- Substance use
- Treatment services

Pharmacy Services



- Class A
- Telepharmacy
- Specialty Mail Order

Virtual Care for Medical and Behavioral Health



After Hours Coverage

- Continuity of Care

Specialty Services



- Cardiology
- Gastroenterology
- Infectious Disease
- Infusion Services
- Maternal-Fetal Medicine
- Oncology
- Podiatry
- Pulmonology
- Rheumatology
- Wound Care

Imaging

- Mammograms
- Ultrasounds
- X-ray Imaging

Health in the Home Services



- Care Gap Closure
- Virtual Care

Care Coordination/Navigation

- Chronic Care Management
- Pediatric Care Coordination
- CPRIT Navigation
- Senior Medicaid/Medicare Advantage

Immtrac Bidirectional Interface



- VFC Children
- Texas Adult Safety Net

Technology Development

- Phone App
- Remote Patient Monitoring
- CRM

AIH Research

- Clinical Trials

Non-Medical Drivers of Health (NMDOH)



- Food Insecurity Screenings
- PRAPARE Screens/Referrals
- Elevation Platform
- Food for Change—Food RX Program

Outreach & Enrollment

- Community Partnerships
- Referral to Care

Insurance Enrollment

- HHSC Community Partner Program
- Medicaid, SNAP, TANF, Application Assistance
- My Concierge Program

Eligibility

- Financial Screenings—State/Federal Funding Programs

Health Information Exchange

- Healthconnect Texas Clinical Viewer



Commission on Accreditation of Rehabilitation Facilities (CARF) Level 3

- Integrated Behavioral Health Primary Care
- Opioid Based Treatment
- Governance Standards Applied

2025 Accomplishments

In 2025, MyCHN experienced measurable growth in patient visits and service expansion, reflecting its investment in access to high-quality care.

In 2025, MyCHN achieved a **20%** increase in patient visits from 2024 to 2025, reflecting its growth and commitment to accessible care. Of the 272,918 visits in 2025, there were 215,335 in-person visits and 57,583 virtual medical and behavioral health visits.

This compares to 2024, when MyCHN recorded 226,702 total visits—176,205 in-person and 50,497 virtual. The year-over-year growth demonstrates MyCHN’s success in expanding care and meeting the evolving needs of its patients through both in-person and virtual services.

MyCHN Service Overview:

Total Patients Served: 48,727 Unduplicated Patients

Total Visits: 272,918 Visits

Year-over-Year Growth:

MyCHN increased visits by **20%** from 2024 to 2025

2025 Visit Breakdown:

- Total medical service visits: 132,665
- Total dental service visits: 36,551
- Total mental health service visits: 73,486
- Total enabling service visits: 30,216

Versus

2024 Comparison:

- Total medical service visits: 101,948
- Total dental service visits: 30,406
- Total mental health service visits: 64,135
- Total enabling service visits: 29,493



In 2025, MyCHN achieved a **record-breaking milestone** by opening more clinic sites in a single year than ever before, significantly expanding access to underserved communities.

MyCHN opened a total of **FIVE** new clinic sites: two in Brazoria County and three in Harris County, bringing essential whole-person care and specialty services closer to patients.

- January 2025: MyCHN Specialties and Primary Care in Lake Jackson—dedicated to Pulmonology
- June 2025: MyCHN at Westwood in Southwest Houston—dedicated to Women’s Health and Pediatrics
- July 2025: MyCHN Angleton Oasis—dedicated to Behavioral Health
- August 2025: MyCHN Woodforest in East Houston—dedicated to Women’s health
- September 2025: MyCHN Webster—dedicated to Primary Care

By strategically opening new sites, MyCHN is broadening access to care and strengthening its presence in communities most in need.



🌸 MyCHN received Patient Centered Medical Home (PCMH) accreditation from the National Committee for Quality Assurance (NCQA) for **MyCHN League City** on October 30th, marking a significant milestone in MyCHN’s commitment to clinical excellence.

This recognition reflects MyCHN’s adherence to nationally recognized standards that prioritize coordinated, patient-centered care, improved health outcomes, and enhanced patient experience.

MyCHN is actively pursuing PCMH designation for the remaining locations to ensure all patients benefit from a consistent standard of care that emphasizes quality, accessibility, and continuity.



🌸 MY Community Health Foundation was launched as a dedication to supporting the vital work MyCHN provides to underserved communities. This initiative marked a significant step in enhancing community health resources and provides critical support where it’s needed most at MyCHN. The MY Community Health Foundation will actively work alongside local, state, and federal agencies to advocate for policies that ensure equitable healthcare access for all communities.

Through its efforts, the Foundation provides financial assistance to individuals who are unable to afford care, supports MyCHN’s operations to help reduce health disparities and enhance service delivery, and expands access to essential medical, dental, behavioral health, and pharmacy services.

In addition, it invests in innovative initiatives designed to improve patient care, broaden service offerings, and drive better health outcomes.



MY Community Health Foundation Team: Darlin Colon, Community & Donor Relations Manager, and Jenna Haviland, Executive Director & Director of Outreach Operations

🌸 In May 2025, the MyCHN Silverlake clinic became the first location to have a high-risk obstetric maternal-fetal medicine team, led by Dr. Joanie Hare, FACOG, Director of Maternal-Fetal Medicine. This achievement expands specialized care for high-risk pregnancies to reduce maternal and infant mortality.

🌸 MyCHN was honored to be a recipient of the 2025 Houston Gives campaign, multi-platform initiative by the Houston Chronicle that celebrates giving, raises awareness, and connects Houston’s nonprofits with supporters and sponsors.

- During the voting period, MyCHN reached out to patients, employees, and the community through emails, social media, graphics, and website updates to encourage votes. Each vote contributed \$100 to MyCHN’s advertising bank

Ultimately, the Houston Chronicle awarded MyCHN with **\$26,800 in advertising support** to help spread the word about accessible, affordable care for all. This was a great opportunity to reach even more families in the community.

🌸 In addition, MyCHN’s Marketing Team appeared on Telemundo, a local Houston news channel, to spotlight MyCHN’s services and promote the upcoming clinic ribbon cuttings events. The ongoing efforts of the Marketing Team help elevate MyCHN’s presence and spread health education and information to the Hispanic community.

🌸 Lastly, MyCHN was recognized with several awards in 2025 honoring its hard work and dedication to improving healthcare in the community:

- MyCHN was awarded the 2024 Community Outreach Award from the Pearland Chamber of Commerce for efforts in Mental Health and Healthcare Innovation.
- The Alliance awarded MyCHN with the Community Champions award for making a lasting impact on the community.
- Brazoria County Head Start Early Learning Schools, Inc. honored MyCHN by awarding the Friend of Head Start Award for making an impact on the lives of the local children.



Director of Marketing, Mariela Salgado & Creative Design Specialist, Kristen Jones accepting the award from The Houston Chronicle.



The Alliance Community Champions award, one of the many awards MyCHN has received from community partners.

MyCHN continues to achieve many milestones that reflect its ongoing commitment to advancing health equity and improved access to care. Through strategic initiatives and community-driven innovation, MyCHN breaks down barriers that often prevent individuals and families from receiving essential, affordable healthcare services. From expanding service offerings to enhancing digital platforms and strengthening partnerships, MyCHN remains dedicated to meeting patients where they are and delivering comprehensive care that is both accessible and responsive to their needs.

In 2025, MyCHN marked an exciting year of growth and community impact. MyCHN celebrated the opening of several new sites, such as MyCHN Specialties and MyCHN Angleton Oasis, and new services, such as mammography and maternal-fetal medicine, to better serve the community MyCHN serves.

New Sites & Services

- MyCHN expanded its specialty services with the opening of **MyCHN Specialties and Primary Care** in January 2025. As part of this expansion, MyCHN welcomed Dr. Sanjay Aggarwal, a board-certified pulmonary and sleep medicine specialist, whose expertise further strengthens the MyCHN's specialty services.
 - Pulmonary services include advanced lung function testing, asthma and allergy management, pulmonary rehabilitation programs, sleep studies and treatment for sleep disorders, and smoking cessation support.
- **MyCHN Angleton Oasis** opened its doors on August 25th for psychiatry and counseling services, serving 16 patients on the first day. The Behavioral Health Team was excited to acquire this space to foster healing, growth, and connection for patients. In addition to behavioral health services, MyCHN kicked off a new Intensive Outpatient Program (IOP) on November 22nd with four patients seen on the first Saturday group session.
 - The IOP program is designed to meet the growing behavioral health needs of children and adolescents between the ages of 6-11 and 12-18 years of age. This creative, age-specific program offers structured group support in a safe and expressive environment through two different groups: *The Expression Circle* group helps children explore and express emotions through engaging therapeutic activities, and *The Expression Collective* group uses creative expression to promote emotional wellness, identity formation, and stress reduction.



MyCHN's Behavioral Health Director Jennifer Morris and Associate Director James Simmons in front of MyCHN Angleton Oasis.

Together, these offerings provide greater flexibility and improved access to care for families navigating behavioral health challenges.



- MyCHN increased services in Harris County by opening its third location in East Houston, Texas in August 2025, acquiring the private practice of Dr. Christie E. Obukofe’s Devine Health Care for Women. The integration of Dr. Obukofe’s practice and MyCHN expanded access to women’s health services with the opening of **MyCHN Woodforest**.
 - MyCHN Woodforest provides high-quality prenatal care, women’s health services, and ultrasound services to expand access to essential care for women of all ages.

“We are thrilled to welcome Dr. Obukofe to our newest location, MyCHN Woodforest. Her clinical experience, deep commitment to women’s health, and dedication to high-quality care align with our mission to ensure every woman has access to expert, compassionate care, close to home.”

- **Mark Young, Chief Executive Officer of MyCHN**

- In addition, MyCHN’s fourth location in Harris County, **MyCHN Webster**, opened in September 2025, offering primary care services to support the health needs of the community. On its first day of operation, the clinic served nine patients with chronic and acute care visits.
 - In October, MyCHN Webster expanded to include essential behavioral health services, such as counseling and psychiatry delivered through virtual appointments, improving access to mental health care for patients. MyCHN anticipates adding pharmacy services in Spring 2026.

Expansion of Services:

- MyCHN launched maternal-fetal medicine services on May 23, 2025, with Dr. Joanie Hare at **MyCHN Silverlake** marking it the first site to offer high-risk obstetrics and maternal-fetal medicine services. Dr. Hare served seven high-risk prenatal patients on the first day. By the end of 2025, Dr. Hare provided an estimate of 350 prenatal visits at this clinic site.
 - In addition to high-risk maternal-fetal medicine services, Dr. Hare performs and interprets advanced obstetric ultrasounds in-house at MyCHN at Westwood.

- **The MyCHN Clute (BCDC)** began offering **Dental** services on September 29th following extensive renovations and enhancements supported by the FQHC Incubator Grant from the Texas Department of State Health Services (TX DSHS). *The grant funded capital improvements, construction, and equipment, transformation the clinic into a full-service health center.*

MyCHN Clute previously offered medical, behavioral health, and pharmacy services; the site now offers comprehensive dental care, including preventive exams, professional cleanings, digital X-rays, and restorative fillings for patients of all ages. The expansion at MyCHN Clute has strengthened access to care in the community by providing a more complete, patient-centered experience in a single, fully equipped location.

- MyCHN proudly announced the acquisition of advanced diagnostic technologies, such as cardiac stress testing, to expand and strengthen its cardiology services, made possible through a generous grant from Dow. This initiative brought in-house cardiac stress testing to MyCHN clinics, addressing growing cardiovascular needs and advancing equitable access to specialty care, particularly for uninsured and underinsured patients.

“Dow's investment in our communities enhances MyCHN's ability to deliver early detection, precise risk stratification, and timely therapeutic interventions for patients with cardiovascular conditions.”

–Dr. Yvette Poindexter,
Chief Medical Officer
of MyCHN

“Dow is proud to support MyCHN in expanding their cardiology service offerings. They are doing incredible work to advance healthcare accessibility in our communities, and we look forward to continuing to support their efforts to provide these much-needed services.”

–Gabriella Cone, Public
Affairs Manager, Dow

Pharmacy Expansion:

- MyCHN opened **TWO** new on-site pharmacies at the MyCHN Lake Jackson and MyCHN Specialties and Primary Care on November 17th. Both pharmacies enhance patient care by offering accessible, fully integrated prescription services, including prescription fulfillment, patient cost-saving programs, pharmacist consultations and support, and streamlined coordination with providers.
- MyCHN installed new signage at the Freeport location to improve visibility for patients. The signage highlights available services, hours of operation, website information, and contact details.



Pharmacy technician at MyCHN Lake Jackson's new on-site pharmacy, supporting patient prescription services.



MyCHN Freeport new signage

A Special Reopening: Restoring Behavioral Health Services at MyCHN Callaway

- **MyCHN Callaway** experienced a special reopening on February 4th as the site transitioned back to a behavioral health location after previously serving as an administrative site. The reopening included collaboration with the Alvin Police Department through a jail diversion program designed to address community health needs and support individuals in crisis.
 - On opening day, one therapist saw five patients for counseling services, supporting initial behavioral health care delivery.
 - On February 8th, MyCHN Callaway launched its first Intensive Outpatient Program (IOP) group session. While four patients were initially scheduled, 13 attended the first group session, marking a successful program start. The session ran smoothly and reflected strong coordination and planning across the care team, with key contributions from staff supporting program implementation.
 - MyCHN Callaway also provides Certified Community Behavioral Health Clinic (CCBHC) services, monthly care coordination, medication-assisted treatment (MAT) care coordination, hospital admissions support, and urgent behavioral health services.

The Behavioral health, facilities, and procurement teams worked together to successfully reestablish and launch the site.



MyCHN Callaway



Therapist Office



Medical Exam Room



COMMUNITY HEALTH NETWORK
www.chn.org | info@chn.org | 281.824.1482 Phone Number

Adult Family Health Center
Women & Children's Health Center
Fossiland Family Health Center
Freeman Community Health Center
Callaway Center
Children's Center

COMMENT CARD

Name: [REDACTED]
Phone Number: [REDACTED] Email: [REDACTED]
Location: Callaway Date: 5/21/25
Comments: I Love this place, there definitely helped me realize my worth and got me to where I am today!!

MyCHN Callaway's first patient comment card highlighting early patient feedback and experience.



Texas Children's[®] Pediatrics

Texas Children's Pediatrics (TCP) is the nation's largest primary care pediatric network, delivering comprehensive healthcare for children from infancy through age 18 across Houston, Austin, and College Station. Staffed by board-certified pediatricians, TCP is part of a nationally recognized system ranked #1 in Texas, with top rankings in pediatric cardiology and heart surgery, neurology and neurosurgery, and pulmonology and lung surgery.

On June 2nd, MyCHN at Westwood initiated a soft launch, introducing women's health and pediatric dental services. On its first day, the clinic provided care to eight women's health patients and delivered 14 pediatric dental visits, marking a strong and promising start. Access to timely women's health care supports healthy pregnancies, preventive screenings, and continuity of care across all stages of life, while early and consistent dental care for children is key to preventing chronic oral health issues and supporting overall development—two essential areas that play a critical role in the long-term well-being of families and the broader community.

"This partnership means even better care for our kids, and we couldn't be more excited for this next step in providing the best pediatric care to our families. We look forward to this new chapter and to continuing to care for your children with the highest quality of service."

Mark Young, CEO of MyCHN

In January 2025, MyCHN proudly announced a new partnership with Texas Children's Pediatrics.

MyCHN partnered with Texas Children's Pediatrics (TCP) to expand services at the TCP's Westwood location. Texas Children's Pediatrics, a subdivision of Texas Children's Hospital, has long served Medicaid patients at this site and recognized the importance of maintaining access to care for the low-income community. TCP sought MyCHN to continue serving this population. This strategic collaboration also strengthened pediatric care for MyCHN families by bringing added expertise and resources from one of the nation's most trusted pediatric networks. MyCHN pediatricians joined the TCP team in February 2025, allowing new and established patients to receive the same high-quality care, now further enhanced through this partnership. Together, MyCHN and TCP are creating new opportunities for growth while ensuring more comprehensive, coordinated care for the community.

Through this partnership, MyCHN opened its largest location in Harris County, **MyCHN at Westwood**. The 14,800 sq. ft state-of-the-art facility offers women's health services, dental care, and behavioral services with TCP pediatricians providing pediatric services. The site includes 35 exam rooms and 7 dental operatories to accommodate the growing demand for care in the region.

With the support of Texas Children's Pediatrics, MyCHN looks forward to its next chapter in serving the highest quality pediatric care, while expanding access to essential services for families and children. This partnership marks a significant milestone in MyCHN's journey. The Center looks forward to growing and developing the partnership as it works to promote access to timely quality care throughout the Greater Houston Area.



In addition to essential pediatric care, MyCHN welcomed Dr. Joanie Hare, a maternal-fetal medicine (MFM) specialist, as MyCHN’s Director of Maternal Fetal Medicine and Obstetrics. Through her leadership and collaboration with TCP, MyCHN is advancing a coordinated model of care that supports women, children, and families, particularly those facing high-risk pregnancies.

- ★ MFM services play a critical role in reducing maternal morbidity by identifying, monitoring, and managing complex conditions such as hypertension, diabetes, preeclampsia, and other pregnancy-related complications. Early intervention and ongoing specialized care help improve outcomes for both mother and baby, lowering the risk of severe complications and supporting healthier pregnancies.

A key component of this care is access to advanced obstetric ultrasounds. Dr. Hare performs and interprets these ultrasounds on-site at MyCHN at Westwood, allowing for timely, accurate assessment of fetal development and potential complications. This immediate access to diagnostic imaging enhances clinical decision-making, reduces delays in care, and minimizes the need for external referrals, an important benefit for underserved populations specifically within Harris County.

🌸 In 2025, Dr. Hare performed more than 1,400 obstetric ultrasounds to MyCHN patients across all clinic sites.

🌸 Between serving patients at MyCHN Silverlake and MyCHN at Westwood, Dr. Hare served an estimated 350 patients and conducted over 900 prenatal visits, reflecting both the growing demand for specialized maternal care and MyCHN’s commitment to expanding access to high-quality women’s health services.

- ★ *Dr. Hare has received numerous honors for her dedication to women’s health, including being named a “High Risk Obstetrics Superdoc” and a “Top 30 Influential Women of Houston.”*



MyCHN Staff with Dr. Poindexter and Dr. Hare on the first day of providing maternal-fetal medicine services.

MyCHN Mammography Services

MyCHN was one of the 18 health centers awarded a \$500,000 grant through the *Accelerating Cancer Screening award (AxCS)* grant to launch a comprehensive cancer screening initiative focused on improving early detection breast, cervical and colon cancer screenings.

In August 2024, the U.S. Department of Health and Human Services (HHS), through the Health and Resources and Services Administrative (HRSA), awarded nearly \$9 million to 18 health centers to expand access to cancer screenings and follow-up care in underserved communities, supporting the Cancer Moonshot goal of improving early detection and reducing cancer deaths.

MyCHN partnered with M.D. Anderson Cancer Center in Houston, Texas, an NCI-designated Cancer Center, for this initiative to expand access to lifesaving screenings in the community to reduce health disparities, improve early detection rates, and ultimately save lives by identifying cancers at their most treatable stages.

As part of this project, MyCHN used the AxCS grant funds to purchase a new state-of-the-art mammography unit to perform mammograms and hired an experienced mammography technician with specialized training in breast imaging and in patient care for increasing equitable access to cancer screenings in underserved communities.

On August 8th, MyCHN conducted a soft launch for mammogram screenings at **Pearland Family Health Center** where the mamography unit is stationed. The soft launch allowed MyCHN to assess workflow efficiency, ensure equipment readiness and provide staff with hands-on experience delivering mammogram services.



MyCHN's newly installed mammography unit and suite at the Pearland Family Health Center clinic site, supporting breast cancer screening services for patients in Brazoria County, Texas.

During the first week, MyCHN employees participated in the rollout to help test and refine the process with **six** employees screened on the first day and a total of **21** employees receiving mammograms during the first week of services.

The initial phase provided valuable feedback to ensure a smooth transition to full-scale service delivery for patients.



Following the initial soft launch in September 2025, MyCHN successfully underwent and passed a state inspection while also earning mammography accreditation from the American College of Radiology. MyCHN met all required standards, received certification, and obtained full authorization to bill for services, resulting in the program becoming fully accredited. Together, these achievements validate compliance with both state and nationally recognized standards for quality and safety, reinforcing MyCHN’s commitment to delivering high-quality, patient-centered care and maintaining the highest levels of regulatory excellence.



In December 2025, mammography services were expanded to include patients, marking the full operational rollout of MyCHN mammogram services.

★ By the end of 2025, a total of 126 mammograms were performed.

Positive reviews came in on the clinic’s first day of providing mammogram services:

 A handwritten comment card from Community Health Network. The card has fields for Name, Phone Number, Email, Location, and Date. The Location is filled in as "Pearland". The Comments section contains the following handwritten text: "First time experiencing Breast Cancer Screening and couldn't have asked for a better technician, Angie to make it easy, comfortable and very informing. Thank you CHN!". At the bottom, it says "Thank you for your remarks. We appreciate your feedback."

“First time experiencing breast cancer screening and couldn’t have asked for a better technician, Angie, to make it easy, comfortable, and very informing. Thank you CHN!”

★★★★★ 21 hours ago **NEW**
 I just wanted to say I had awesome experience getting my mammogram at the Pearland clinic. Nice cute dressing room the technician was very nice made feel very comfortable ❤️❤️❤️

“I just wanted to say I had [an] awesome experience getting my mammogram at the Pearland clinic. Nice, cute dressing room. The technician was very nice, made me feel very comfortable.”

★★★★★ 2 hours ago **NEW**
 Just had my mammogram done and the experience here at Pearland Family Health was great. The waiting room in the back is peaceful and soothing. The imaging was quick. If you need your mammogram done I recommend doing it here.

“Just had my mammogram done and the experience here at Pearland Family Health was great. The waiting room in the back is peaceful and soothing. The imaging was quick. If you need your mammogram done I recommend doing it here.”



As a subsidiary of MyCHN, Advances in Health (AIH) expands access to cutting-edge clinical research for its patient populations while advancing medical innovation. Since joining MyCHN in 2021, AIH has strengthened the organization’s mission by integrating clinical trials into patient care, increasing education on the importance of research participation, and ensuring diverse populations have a voice in shaping the future of medicine.

Advances in Health is experienced in phase I-IV clinical trials and is fully equipped and staffed with a team of professionals dedicated to ensuring high-quality research outcomes. The staff include investigators (MDs and licensed mid-level providers), clinical research coordinators, clinical research assistants, clinical trial recruitment coordinators, and regulatory coordinators. All staff are GCP-certified to ensure adherence to Good Clinical Practice standards. Additionally, coordinators and assistants hold IATA certification for the safe packaging and shipping of participant collected specimens. This experienced team works collaboratively to deliver timely, high-quality results that maximize the value of each study.

The year 2025 marked a year of significant growth and patient engagement for Advances in Health. AIH conducted a total of **2,120 clinical trial-related visits**, encompassing a wide range of activities designed to support patient participation and study integrity.

- These included 443 screening visits, 444 enrollment (randomization) visits, 1,119 follow-up visits, and 1,482 integration visits focused on patient education and connecting individuals with appropriate clinical trial opportunities.

MyCHN also partnered with Care Access through the Heart and Kidney Health Screening Future of Medicine Program. Through this collaboration, MyCHN and AIH successfully enrolled **303 participants**, further demonstrating the team's commitment to preventive care and early detection initiatives within the communities we serve.

In addition, AIH participated in the clinical development for the following medications, which underwent rigorous clinical testing and were approved, by the U.S. Food and Drug Administration (FDA) for women’s health:

- **MIUDELLA®** – Approved February 24th, 2025
 - The first hormone-free copper intrauterine system providing up to 3 years of pregnancy prevention.
- **Lynkuet** (elinzanetant) – Approved October 27th, 2025
 - The first and only dual neurokinin (NK) targeted therapy for the treatment of moderate to severe hot flashes due to menopause.

In 2025, Advances in Health Research conducted 2,120 clinical trial related visits:	
Screening visits performed:	443
Enrollment/randomization visits:	444
Follow-up visits:	119
Integration visits:	1,482



🌀 MyCHN has experienced remarkable growth, evolving from a single Class A Pharmacy in 2018 to SIX Class A pharmacies and EIGHT Telehealth pharmacies.

By the end of 2025, MyCHN operated a total of 14 pharmacy locations, reinforcing its commitment to improving access, advancing innovation, and delivering sustainable pharmacy services. These additions strengthened geographic coverage, increased access to care, and positioned the program for scalable growth across both in-person and TelePharmacy services.



The CHN Pharmacy Program experienced a year of strong growth and operational maturity in 2025.

Strategic expansion, continued optimization of pharmacy operations, and increasing patient utilization contributed to record-setting revenue and prescription volume across the network. Expansion efforts in 2025 were driven by a dual strategy of full-service pharmacy growth and TelePharmacy deployment.

MyCHN expanded its pharmacy footprint from **11 to 14** total pharmacy locations, adding:

- 🌀 **Kingwood Pharmacy** in January 2025 into a growing community market, improving patient access and prescription capture;
- 🌀 Two Lake Jackson Telepharmacy locations, both launched in November 2025, enhanced access in underserved areas while maintaining operational efficiency and cost control:
 - **MyCHN Lake Jackson**
 - **MyCHN Specialties and Primary Care**



The Pharmacy Team at MyCHN Adoue clinic.

The growth broadened access to affordable pharmacy services particularly in rural or underserved communities, reducing the need for patients to travel long distances, especially those individuals with transportation barriers, busy schedules or living in areas with limited pharmacy options.

Additionally, many patients, particularly those without insurance or with limited coverage, often face difficult decisions about whether to fill prescriptions due to cost concerns, as outside pharmacies can charge high prices. MyCHN provides low-cost, affordable medications that are available following patient visits. Through its discounted pricing model, MyCHN supports meaningful affordability for patients with high out-of-pocket costs. This improved affordability plays a critical role in patient behavior, as lower costs increase the likelihood that patients will fill and adhere to prescribed medications. These savings reflect the direct benefit of MyCHN's pricing model and expanded network, together improving access to essential medications and services.



Monthly Performance Overview

Performance trends throughout the year reflect steady growth and increasing operational consistency:

<i>MyCHN Pharmacy 2025</i>	
<i>Month:</i>	<i>Volume:</i>
<i>January</i>	12,525
<i>February</i>	12,352
<i>March</i>	13,634
<i>April</i>	13,517
<i>May</i>	13,861
<i>June</i>	13,153
<i>July</i>	14,063
<i>August</i>	14,443
<i>September</i>	15,236
<i>October</i>	14,730
<i>November</i>	13,697
<i>December</i>	15,098
<i>Total</i>	166,309 Prescriptions

- MyCHN’s pharmacy program grew steadily from early spring, accelerating in the second half of the year.
- The prescription volume increased in September. Strong performance continued from October and November, while December volume remained high despite a slight decrease.

Part of this success involves the Pharmacy Navigator model and Clinical Pharmacy Program, both key drivers of pharmacy program success by improving operational efficiency and clinical integration.

- ❁ The Pharmacy Navigator model reduced provider burden by managing refills and prior authorizations, accelerating prescription turnaround times, improving provider satisfaction, and enabling pharmacists and providers to practice at the top of their licenses within a scalable staffing structure.
- ❁ The Clinical Pharmacy Program strengthened integrated care by reducing prescription reworks and formulary denials, improving alignment between providers and pharmacy operations, and enhancing therapeutic decision-making, with clinical pharmacists serving as a bridge that reduced friction and improved speed to therapy and outcomes.

Together, these initiatives streamlined workflows, improved provider and patient experience, and strengthened both operational and clinical performance, making them central to the program’s success.



Strategic Outlook for 2026

Building on the success of 2025, the CHN Pharmacy Program is positioned for continued growth and innovation in 2026. With a strong operational foundation and clear strategic direction, the program enters the coming year with momentum and a focus on expanding its impact. Strategic priorities include expanding and optimizing TelePharmacy services, strengthening patient engagement and medication adherence initiatives, leveraging data analytics to improve payer performance and margins, and evaluating new growth opportunities aligned with MyCHN’s mission and service areas. Together, these efforts support the continued delivery of accessible, high-quality pharmacy services.

Continuing education and professional development are vital in any industry in a rapidly changing world. Trainings foster career advancement, personal growth, and increased earning potential. Acquiring new skills in the workforce leads to expanded professional networks, adaptation in industry innovations, and ability to achieve greater job satisfaction and success. MyCHN is committed to ensuring that staff receive the most up-to-date training, equipping them with the latest knowledge and skills to provide exceptional care and service.

CONFERENCES & STAFF TRAININGS

➤ MyCHN was invited to present at two prestigious *OPEN MINDS Circle* Executive Roundtable events:

- In February, MyCHN’s Chief Administrative Office, Penny Pabst, served as a featured speaker at the *Whole Person Care Summit*, where she presented “*So You Want to Become a FQHC – The Cherokee Health System & Community Health Network Case Studies.*” Her session highlighted MyCHN’s inspiring evolution from a single clinic into a network of 14 thriving locations over the course of 14 years.
- In August, Chief Medical Officer, Dr. Yvette Poindexter, Chief Administrative Officer, Penny Pabst, and Quality Director, Nydia Garcia represented MyCHN at the *OPEN MINDS Circle* Executive Roundtable as featured speakers for “*Whole Person Care In Action: The MyCHN Case Study*”. Their presentation focused on transforming healthcare through a whole-person, integrated approach places patients at the center of care.



OPEN MINDS: Whole Person Care in Action with Dr. Yvette Poindexter, Penny Pabst, and Nydia Garcia



Chief Financial Officer, Linh Tran, Senior VP, Ezreal Garcia, Chief Executive Officer, Mark Young, and Business Dev. Manager Max Garcia at the AltaCair Advancing Equity Summit

- MyCHN’s Executive team, along with several staff members, attended the annual *Texas Association of Community Health Centers (TACHC) Conference*, where they gained valuable industry insights and meaningful networking opportunities with healthcare leaders from across the state.
- MyCHN attended the *Alliance Annual Meeting 2025*, as the presenting sponsor, demonstrating its continued commitment to collaboration and community-centered healthcare initiatives.
- MyCHN was honored to attend and sponsor the *AltaCair Advancing Health Equity Summit*. Through presentations and discussions led by organizations across the healthcare sector, attendees learned more about advancing health equity by addressing transportation, nutrition, care coordination, and access to healthcare services.



- MyCHN’s Chief Executive Officer, Dr. Yvette Poindexter, Director of Maternal Fetal Medicine, Dr. Joanie Hare, and Senior VP, Ezreal Garcia along with guest speaker Dr. Amber Shamburger presented at the *FQHC Symposium: Pathways to Equity* that was hosted by Natera. The forum brought together leaders in women’s health to address maternal mortality, health equity, and clinical innovation in underserved communities.



- MyCHN attended and sponsored the *NAMI Gulf Coast Conference* alongside Detective Humbird from the Alvin Police Department.
 - The conference provided an opportunity to support mental health awareness, community collaboration, and advocacy initiatives across the Gulf Coast region.

MyCHN Staff at the NAMI Conference

STAFF TRAINING:

- MyCHN’s Clinical Medical Champions for Change, Angela, Roxie, Sarah, Sabrina, and Diana developed a comprehensive curriculum for training and onboarding to support clinical teams across MyCHN. During the Northern Series Part 2, the team provided training on medical and behavioral health services on the first day, followed by prenatal and women’s health services on the second day. The Clinical Support teams demonstrated a strong commitment to delivering high-quality patient care through their participation and collaboration during the training sessions.
 - Following the success of the Northern Series, the Champions for Change team prepared to continue the Sunday Series 3 and 4 sessions with the Southern Clinical Support teams.
- Throughout 2025, MyCHN conducted multiple training sessions focused on two key areas: insurance verification and eligibility determination for in-house discounted programs. These trainings help ensure staff maintain up-to-date knowledge of insurance requirements while accurately assessing patient eligibility for discounted assistance programs.



Breakdown by Department:

Departments	# Patients	# In-Person Visits	# Virtual Visits
Medical	37,461	119,506	13,159
Mental Health	8,938	29,062	44,424
Dental	14,346	36,551	
Enabling Services	12,662	30,216	

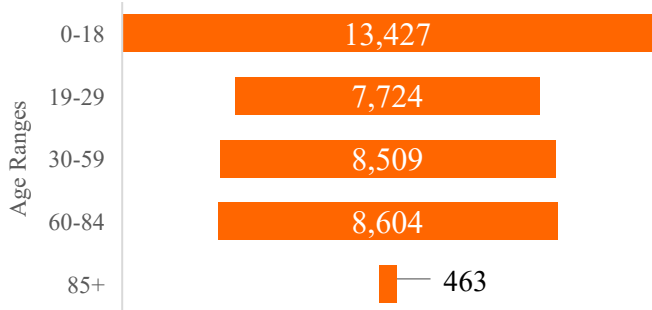
Top 10 Zip Codes Served:

Zip Code	City	Patients Served
77511	Alvin	7,783
77541	Freeport	3,424
77515	Angleton	3,115
77089	Houston	2,373
77584	Pearland	2,108
77531	Clute	2,008
77566	Lake Jackson	2,058
77583	Rosharon	1,884
77581	Pearland	1,605
77539	Dickinson	1,001

Served by Gender:

 30,524
  18,203

Served by Age Range



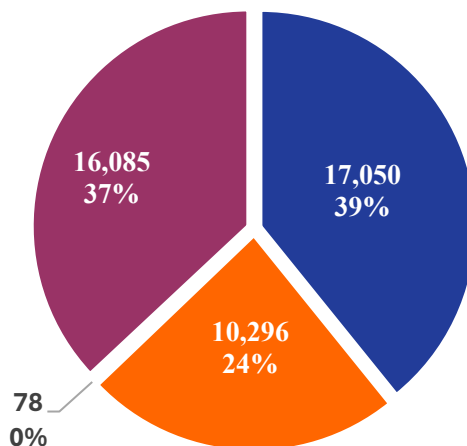
A few areas in MyCHN's service area grew in patient volume since the previous year, including Angleton (+482 patients), Lake Jackson (+432), Houston (+256), Brazoria (+220), and Freeport (+198). These growths reflect MyCHN's continued expansions with new services and clinic sites. This data demonstrates MyCHN is improving access and eliminating barriers to healthcare across the region.

Served by Poverty Guideline:

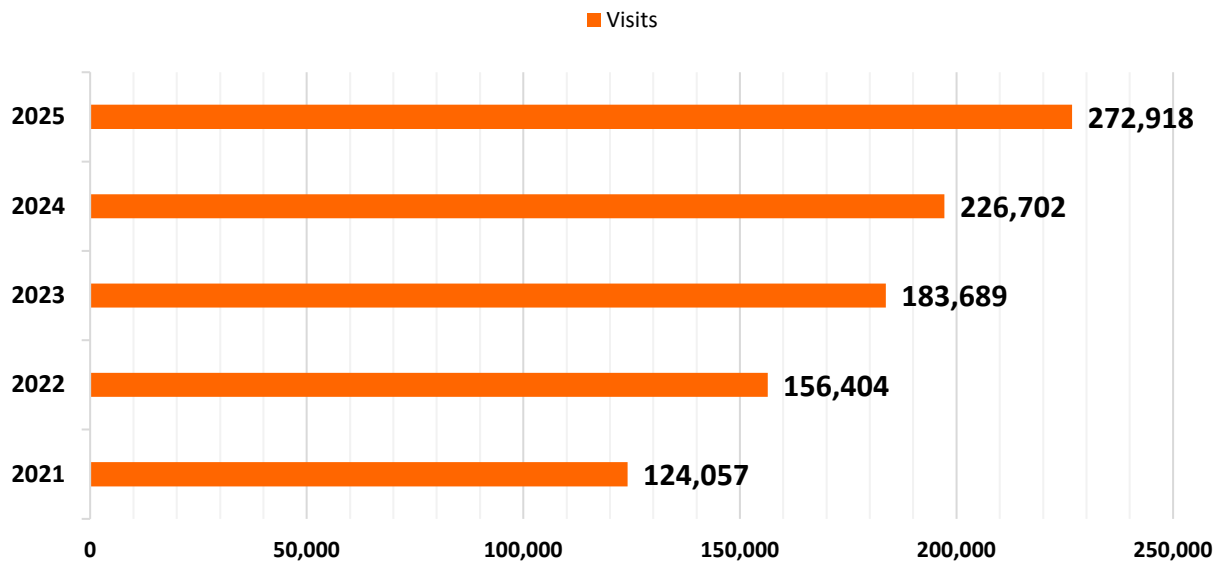
FPL %	# of Patients
100% and below	25,677
101-150%	2,680
151-200%	1,475
Over 200%	1,193
Unknown	17,702

Served by Insurance Coverage:

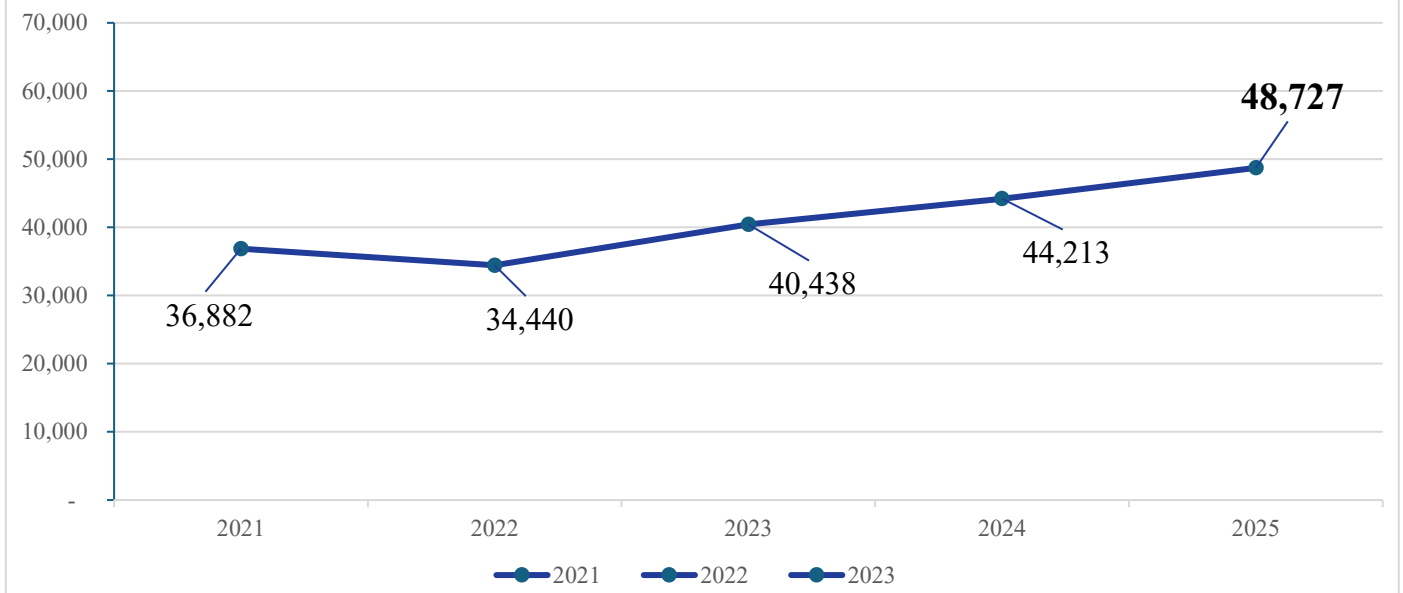
- Uninsured
- Medicaid/CHIP
- Medicare
- Private



MyCHN Visit Trend



MyCHN's Unduplicated Patients Served Through the Years



The data charts and graphs demonstrate exponential growth in all departments over the last few years.

2025 Clinical Outcomes

MyCHN’s patient centered, team-based approach to care results in proven patient outcomes demonstrated in the 2025 Uniform Data System (UDS) Report submitted to the Health Resources & Service Administration (HRSA).

Measurement Title	Uniform Data System and Community Health Network Continuous Quality Improvement Performance Measure	MyCHN 2025	MyCHN 2024	Texas Average 2024	National Average 2024
Body Mass Index (BMI) Screening and Follow-Up Plan	% of patients 18 years of age and older with (1) BMI documented and (2) follow-up plans documented if BMI is outside normal parameters.	97.89%	97.26%	67.80%	67.63%
Breast Cancer Screening	% of women 52-74 years of age who had a mammogram to screen for breast cancer.	27.00%	27.70%	44.81%	53.96%
Colorectal Cancer Screening	% of patients 46 – 75 years of age who had appropriate screening for colorectal cancer.	26.54%	28.59%	33.93%	42.71%
Controlling High Blood Pressure	% of patients with hypertension whose blood pressure <140/90 mmHg.	63.63%	65.02%	65.02%	67.42%
HIV Screening	% of patients 15 – 65 years of age who were tested for HIV when within age range.	37.27%	29.65%	54.96%	51.84%
Preventive Care and Screening: Screening for Depression and Follow-Up Plan	% of patients 12 years of age and older who were (1) screened for depression with a standardized tool and, if screening was positive, (2) had a follow-up plan documented.	91.77%	92.26%	74.61%	73.70%
Statin Therapy for the Prevention and Treatment of Cardiovascular Disease	% of patients who were prescribed or were on statin therapy during the measurement period.	78.00%	80.63%	80.63%	78.18%
Tobacco Use: Screening and Cessation Intervention	% of patients 12 years and older who were screened for tobacco use one or more times during the measurement period and who received tobacco cessation intervention during the measurement period of a 6-month period if identified as a tobacco user.	99.12%	63.69%	86.51%	84.24%

**Note: Texas and National figures reflect 2024 data. 2025 data will be released in August 2026.*

MyCHN is a Federally Qualified Health Center and is required to submit an annual report of quality, financial, and productivity data to the Bureau of Primary Health Care division of the Health and Human Services Administration. Data for each FQHC is available to the public at [HRSA.gov](https://www.hrsa.gov).



2025 Grant Funding

Grant funding is a key driver of MyCHN's ability to effectively meet the diverse and evolving needs of the communities it serves. These resources enable MyCHN to develop and implement new initiatives that address emerging health priorities while also reinforcing and expanding core services. By strengthening organizational capacity, grant funding supports improvements in care delivery, operational efficiency, and overall service quality, ensuring patients receive timely, comprehensive, and accessible care.

In addition, grant funding allows MyCHN to invest in the tools, infrastructure, and personnel necessary to respond to increasing demand and adapt to a dynamic healthcare landscape. MyCHN consistently and proactively seeks new grant opportunities to broaden access to essential services and programs, ensuring that patient needs remain at the forefront of its growth and strategic planning.

MyCHN received \$870,000 in Private Foundation Funding:

- The ***Delta Dental Community Care Foundation*** awarded MyCHN \$70,000 through the Access to Care program to support MyCHN's low-income and uninsured adults and children with dental needs. The grant funds help offset the cost of care at MyCHN's seven dental clinic sites, increasing access to essential oral health services for underserved patients. In addition to program support, MyCHN received funding to enhance clinical capacity through the purchase of essential dental equipment for the first time. This included:
 - An adult radiograph sensor for the MyCHN Silverlake, enabling providers to capture high-quality diagnostic images for more accurate treatment planning, and a new autoclave for the Pearland Family Health Center clinic site, improving sterilization efficiency and ensuring timely instrument availability to meet growing patient demand.
 - MyCHN assisted 322 unduplicated patients with 2025 Delta Dental grant funding.
- The ***Episcopal Health Foundation*** awarded \$450,000 in grant funding through the Clinical Pathways Approach Final Year program to support MyCHN's Value-Based Care (VBC) program and to complete Year 5 projects. The funding supported development costs allocated for the Power Grid Matrix to drive quality for all patients enrolled in care coordination by plan and diagnosis, populating care gaps and generating completed measures using AI/NLP.
- The ***Episcopal Health Foundation*** awarded \$150,000 in grant funding through the Operating Grant to support MyCHN through general operating support, helping advance the organization's overall mission and long-term sustainability
- ***Houston Methodist*** awarded \$100,000 through the ***Community Benefits Grant (CBG) Program*** in operating support to financially assist uninsured, indigent diabetic patients through copay assistance. by offsetting the cost of direct patient services for diabetic eye exams, podiatry, wound care services, and diabetic medication expenses.
 - MyCHN served 243 unduplicated, low-income, underinsured patients with a Diabetes diagnosis, and provided a grand total of 438 diabetic related visits. The majority of services



provided were podiatry visits (166) and diabetic eye exams (174), reflecting critical areas of need in ongoing diabetes management and prevention of complications.

- MyCHN also received a \$100,000 ***Houston Methodist Mental Health Innovation (MHI)*** award to provide psychiatry services to low-income, uninsured, indigent patients by offsetting the cost of in-office and virtual Psychiatry appointments.
 - During the grant period, MyCHN served 220 unduplicated patients and provided a total of 732 psychiatry visits. Patients received a comprehensive range of behavioral health services, including hospital admission support and urgent mental health care, ensuring that diverse and complex needs were successfully addressed.

MyCHN received \$712,973 in State and Federal Funding:

- MyCHN was awarded a \$264,223 through the *Texas Health and Human Services (HHS) Children's Autism Grant Program* to provide autism services to children ages 3 to 15 years with an Autism Spectrum Disorder (ASD). The funding supported the launch of a new program expanding MyCHN's services to address the specialized needs of this population.
 - The grant funds enabled MyCHN to build a dedicated Applied Behavior Analysis (ABA) team, including key clinical staff such as a Board-Certified Assistant Behavior Analyst (BCaBA), Registered Behavior Technicians (RBTs), and Behavior Technicians (BTs), ensuring the delivery of structured, evidence-based care for autism.
- MyCHN also received Year 4: \$448,750 ***Substance Abuse and Mental Health Service Administration (SAMHSA) Certified Community Behavioral Health Clinic Planning, Development, and Implementation (CCBHC-PDI)*** for extended support of MyCHN's behavioral health program and provide comprehensive, coordinated behavioral health care by establishing new CCBHC programs.
 - MyCHN's CCBHC project intends to improve quality services and divert patients out of the emergency department for mental health and Substance Use Disorder (SUD) issues and reduce the mortality rate for all populations.



MyCHN receives state funding to support key programs, including Family Planning Program (FPP), Healthy Texas Women (HTW), Primary Health Care (PHC), and Title V Dental and Medical services for children and prenatal patients. These essential funding sources enable MyCHN to provide comprehensive medical, dental care and women's health service ensuring access to essential preventive and primary services for women, children, and families.

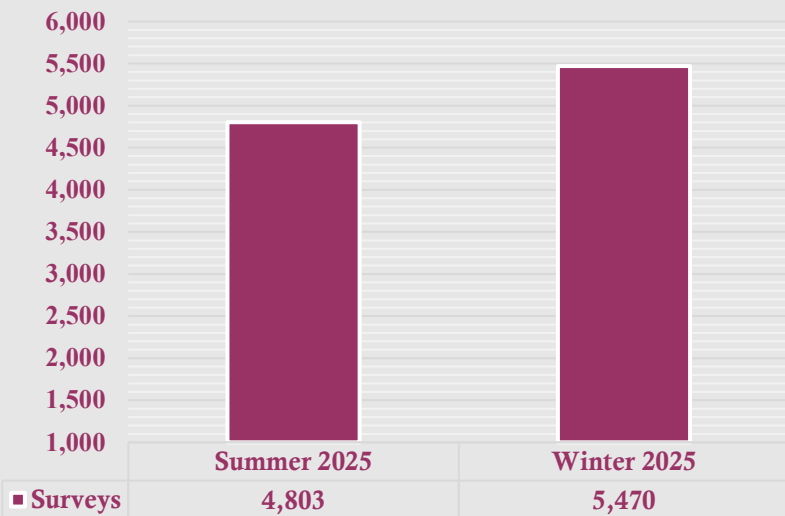
2025 Patient Satisfaction Survey Results

MyCHN conducts the Patient Satisfaction Survey twice a year in the Summer and Winter to gather feedback from patients about the services provided; to learn how satisfied they are with their care, the time they spend waiting on services, the friendliness of staff, if they believe staff is keeping their information confidential, and if they would refer friends and family to MyCHN among other things.

The survey identifies where MyCHN is excelling and where MyCHN needs to close gaps and implement corrective actions to improve processes or implement technology to serve patients better.

MyCHN staff makes the survey process successful each year with their efforts to collect the surveys.

Patient Satisfaction Survey Trend



Would you recommend MyCHN to you friends and family?

98.5%

Responded "Yes"

How satisfied are you with the services and care you received at MyCHN?

84.8%

Rated their satisfaction as Great % or Good %

Do you consider MyCHN as your regular source of care?

98.5%

Responded "Yes"

How is the provider at listening to your needs?

82.2%

Rated their provider as Great % or Good %

Are the charges for your care reasonable?

96.5%

Responded "Yes"



 **Patient Survey Comments:**

- ★ “Always a pleasant experience. The whole staff is very good at their respective jobs. I feel that my care is very thorough...I’m climbing back to some sort of normal thanks to **Stephani Bradley** [Family Nurse Practitioner]. Thank you.”
- ★ “Mr. (**Nyamsick**) **Oma** [Psychiatric Nurse Practitioner] and the staff at **Angleton Oasis** are very good. So much better than my previous mental health provider. Angleton has a terrific resource here.”
- ★ “I would like to give a special thanks to the great staff at your **Pearland** location from the beginning to the end. The care and customer service exceeded my expectations. I truly appreciate the service, and I like to give a special thanks to **Adrienn Johnican, Yolanda Thompson, and Shauna Crawford** [MyCHN Staff]—you ladies are amazing and your service and support was greatly appreciated!”
- ★ “Provider **Tran Nguyen** [Family Nurse Practitioner] at the **Pearland office** is amazing! Always makes me feel heard and understood whenever I come in for my doctor’s visits.”
- ★ “*Doy gracias a Dios por esta clinica. Es una bendición a mi vida y mi familia. Yo los recomiendo en grande manera. Gracias a todos lo que hacer.*” –I thank God for this clinic. It is a blessing to my life and my family. I highly recommend them. Thank you to everyone for everything you do.
- ★ “I have zero complaints about Community Health Network [MyCHN] and have always been satisfied with the service of all employees at the **Clute, Freeport, and Alvin** offices where I’ve been a patient. I’m very happy with the treatment provided by my present medical provider.”
- ★ “**Lashona Vanhook** [Therapist] is always nice, friendly, and helpful. She is very informative and explains everything to me and is a good listener. I like her and she’s doing an excellent job.”
- ★ “**MyCHN Pasadena** has been a life saver for my eight year old daughter and me! The staff have ALL been extremely helpful and caring. We are super grateful for MyCHN Pasadena! **Mrs. Gardenia Paul** [Therapist] and staff get ALL the stars in the world! I have even recommended friends and family that are now seen by MyCHN!”
- ★ “**Tristen Rose** [Family Nurse Practitioner] is a great provider! The MAs here are awesome and very friendly; they answer any questions I may have and are very professional. I recommend CHN to all my friends and family. ♥ **Silverlake**”
- ★ “*Personal buen amables. Nurs. Daniela and DRA (Antonia) Way excelente atencion. Dios les bendición, gracias.*” — Staff is very friendly. **Nurse Daniela** [Medical Assistant] and **Dr. (Antonia) Way** [Family Medicine MD] excellent attention. God bless you, thank you.
- ★ “**Sonia Corral** [Medical Assistant] was a delight and very helpful. I appreciated that she checked to see if they could fit me in for a comprehensive exam so I wouldn’t have to come back another day. I love MyCHN and the care provided.”
- ★ “**Kaeside (Unachukwu)** [Psychiatric Nurse Practitioner] is my savior for my mental health. He always listens to me and gives solid advice on how to keep my mental health in check. I appreciate him so much.”
- ★ “**Mireya (Fernandez)** [Family Nurse Practitioner] was a great listener and **Alina and Destiny** [Patient Service Specialists] were amazing at the front desk. The clinic will remain my clinic (**Women and Children’s**).”
- ★ “**Maribel** [Medical Assistant] was great while getting my information, thank you. And Miss **Emily Becher** [Family Nurse Practitioner] was awesome and answer all my concerns and questions. Thank you, very professional.”
- ★ “*Me siento muy agradecida con dios y con el Dr. Quiroz y con la senorita America son muy amables. Dios les bendiga.*” – I am very grateful to God, **Dr. Quiroz** [Family Medicine MD], and Miss **America** [Medical Assistant]; they are very kind. God bless them.
- ★ “I was really nervous being a new patient, but **Amberlee** [Patient Service Specialist] at the front desk was very friendly and helpful, **Stephanie** the MA [Medical Assistant] was really great, as well as **Dr. Butler** [Family Medicine MD]. I am glad I decided on this provider.”

2025 MyCHN Empathy Champion Awards

The dedicated staff of MyCHN work hard to positively impact the communities and patients they serve.

Below are the recognized staff and their empathy champion story.

February 2025:

Andrea Abarca

Specialist Patient Experience Supervisor



Empathy Champion's Story:

A teenage patient arrived at the clinic with a large, rapidly growing tumor on his face that was becoming increasingly concerning. The parents spent weeks searching for help but were repeatedly turned away from multiple hospitals and clinics due to lack of insurance coverage, leaving the parents overwhelmed and unsure where to turn next. Recognizing the seriousness of the situation, Andrea took initiative to advocate for the family. She contacted Texas Children's Hospital (TCH) on their behalf and discovered that the hospital offered a financial assistance program. Andrea immediately relayed the information to the family, guiding the family to coordinate a consultation appointment. A week later, the patient was able to undergo surgery that was covered by TCH's assistance program. Andrea remained actively involved through the entire process to ensure the patient received appropriate care and support. Andrea's efforts helped the family overcome significant barriers and ensure the patient received timely life-changing treatment.

April 2025:

Nhu Nguyen

Family Nurse Practitioner



Empathy Champion's Story:

A patient of Nhu Nguyen's came in with elevated blood pressure, sweating and feeling lightheaded. Recognizing that he had just been discharged from the hospital, Ms. Nhu acted quickly and compassionately. She kept him in the exam room to ensure immediate safety while coordinating the next steps in his care for medical and non-medical health needs. Understanding the financial burden of his care, Ms. Nhu arranged him to meet with a Patient Eligibility Specialist so that he could receive financial assistance for his high blood pressure medication. Before the patient left, Ms. Nhu made sure that he had everything taken care of so that he had nothing else to worry about. Ms. Nhu's dedication to addressing the full scope of her patient's needs truly demonstrates what whole-person care is all about.

March 2025:

Karina Franco

Patient Eligibility Specialist



Empathy Champion's Story:

A patient arrived at MyCHN League City with one of her eyes covered by a bandana and wearing sunglasses. She was scheduled to meet with Karina regarding her eligibility appointment for assistance. During the appointment, the patient disclosed that she had been diagnosed with eye cancer and required radiation treatment. The patient expressed her hope of receiving aid in applying for a gold card so that she could begin her treatment. Karina took the initiative to call several different hospitals to inquire about available grants that could help this patient and discovered that Memorial Hermann offered such funding that the patient could utilize. The patient was deeply moved by Karina's compassion and began to cry. Karina recognized her distress and kindly adjusted her office to better comfort the patient by turning the light off. The patient left feeling relieved, a considerable weight taken off her shoulders. Karina's drive to help her patient and give her comfort is inspiring!

May 2025:

Evelyn Lewis

Behavioral Health Medical Assistant



Empathy Champion's Story:

A mom arrived at the clinic for an ultrasound appointment, bringing her three young children along with her. During her visit the baby became upset and started crying loudly. Evelyn noticed the mother's distress and kindly knocked on the door, asking the ultrasound tech and the mother if she could hold the baby and help try to calm her down so that the tech could finish the ultrasound. Evelyn took the baby after the mom happily agreed and walked around the clinic, speaking gently to the baby to soothe her down until the mom's visit was complete. The mom was very appreciative and said no one had ever offered to help like that at any doctor's office before. The relief Evelyn gave not only helped the technician do their job easily, but also helped the mother to focus on her health for this visit.



June 2025:

Kerry Burts

Recovery Support Peer Specialist



Empathy Champion's Story:

A patient receiving behavioral health care at MyCHN Adoue, who was navigating with alcohol addiction, praised Kerry for his support in her recovery. He was kind, understanding, and shared his own journey of recovery with her, helping to build a trust and connection. The patient felt seen, heard, and empowered thanks to Kerry's words of encouragement and inspiration. Kerry's ability to relate and show genuine empathy made a meaningful impact on her healing process and strengthened her confidence in continuing her recovery journey.

September 2025:

Lynn Pablo

Pharmacist



Empathy Champion's Story:

A new patient came in to pick up a medication, but upon checkout, the patient realized that he could not afford it. He was prepared to leave without it, despite his provider emphasizing the importance of this medication for his health. Lynn, however, took the time to call the patient back and reassured him that the prescription fee would be waived for one month, giving him time to gather the necessary paperwork needed for his upcoming eligibility appointment. The patient was very grateful for everyone that helped that day, but he especially expressed his gratitude to Lynn for her compassion. The patient was able to go home with his necessary medication that day thanks to Lynn, potentially preventing serious health complications.

November 2025

Jennifer Omokoya

Behavioral Health Case Manager



Empathy Champion's Story:

When a patient who had attempted to take their own life called Jennifer, she immediately jumped into action. While staying on the phone with the patient, she provided steady guidance and support while also coordinating emergency services as the patient drifted in and out of consciousness on the phone. Jennifer remained, calm, engaged and vigilant with the patient until first responders arrived, ensuring the patient was never alone during their crisis. In this life or death situation, Jennifer showed incredible fortitude and compassion for both herself and the patient in a crisis. Thanks to her quick thinking and dedication, the patient received the life-saving care she needed.

August 2025:

Dr. Christine Obukofe

Obstetrician-Gynecologist



Empathy Champion's Story:

Dr. Obukofe demonstrated extraordinary compassion and empathy while caring for a 70-year-old patient scheduled for an endometrial biopsy (EMB) procedure. The procedure had to be stopped due to excessive bleeding, and Dr. Obukofe immediately documented the encounter so the patient could be safely transferred to the ER for evaluation by a Gyn/Onc specialist. After completing her clinical notes, she personally hand-delivered them to the patient. When the patient began crying, Dr. Obukofe knelt beside her to offer comfort. She explained what to expect at the ER, reassured her that this was the best course of action for her safety, and prayed with her. Dr. Obukofe gently wiped away the patient's tears, offered her arm for support, and encouraged her as the patient prepared to go to the hospital. This act of compassion not only comforted the patient in a frightening and traumatic moment, but also reflected Dr. Obukofe's deep commitment to providing holistic, and empathetic care.

October 2025:

Crystal White


Mental Health Diversion Specialist



Empathy Champion's Story:

A patient that was a minor expressed that she was experiencing sexual assault from a family member at her appointment, and through conversation, it was clear that the grief was affecting not only her emotional state, but her ability to engage with her care. Throughout this difficult time, Crystal demonstrated compassion and professionalism, approaching each interaction with the Heart-Head-Heart method to address concerns and frame difficult messages with sensitivity and reassurance. Even when the patient struggled to understand or needed things repeated, Crystal remained patient and kind. Her kindness extended beyond the patient to the family when they expressed their heartbroken concerns. Crystal took the time to speak to them and assured that she would be there to help them through this hard time. Recognizing the signs of ongoing emotional strain, she recommended counseling to the family as a potential support resource and submitted a report to Child Protective Services on behalf of the victim. Crystal not only helped the patient through a very traumatic experience, but also advocated for the family so that they could start their healing journey as well.

Patient Testimony: Dental Success


 This patient's experience at MyCHN reflects the organization's commitment to efficient scheduling, attentive clinical care, and patient-centered service, ensuring a complete course of dental treatment with minimal disruption to the patient's demanding work and travel schedule.

"I am an over-the-road semi-truck driver, and I can only get to town for dental appointments approximately every three weeks, so it takes quite a bit of time to get many things done. These folks [*MyCHN Dental Team*] went out of their way to get me into an examination room with x-rays at 5 PM on a Tuesday and then set it up so that I could come back on Wednesday for two different appointments, getting my cleaning done in the morning and then having two cavities filled and two temporary crowns completed in the afternoon on Wednesday. They then called me to set up an appointment to put in my permanent crowns on a third and final visit, which completed everything so that I didn't have to wait months between visits.

Dr. Courtney Jacocks [*DDS, General Dentist*] worked extremely hard numbing my stubborn nerves several times to be able to re-drill my two crowns so that I wasn't in unnecessary pain. Also, the [*dental*] assistant Andrea was so helpful and so kind. She was instrumental to the doctor. After my appointment was over, and I thought that I had been taken care of as much as possible, the dentist wrote a prescription for a medicinal rinse which I filled at the lobby pharmacy. They took care of me very quickly, and I didn't even have a co-pay."




Patient Testimony: Healing Through Art

 This patient testimony highlights the meaningful impact of MyCHN's behavioral health and art therapy services, demonstrating how compassionate, individualized care helped support emotional healing, creative expression, and hope for recovery for both the patient and her husband.

"My husband and I went to an [*adolescent*] art therapy appointment this week in Freeport [*MyCHN Freeport*]. Nakisha is our art therapist/counselor/advisor/and prayer partner. This was exactly what my husband needed. He was so excited about the possibilities. Dave is an artist. He expresses his feelings, his joy, through his artwork. He stayed up all night so stoked about the vase he was working on and watched the sunrise. I am so grateful to this clinic because they have helped my husband more than anybody else has. We see a psychiatrist and three counselors, and they care very much for us. Every person we encounter here has had heart; I feel that's KEY in our recovery."



Patient Testimony: Road to Recovery

 This testimony highlights the life-changing impact of MyCHN's Medication-Assisted Treatment (MAT) and behavioral health services, where therapeutic support helped one patient achieve long-term sobriety, healing, and renewed hope for the future.

"CHN is literally saving my life and helping me to develop lifelong strategies to live clean and sober. They help me deal with PTSD and trauma from being an adult child of addict parents which lead to many relapses. I was suicidal when I came into the MAT program. Today, I am happy with where I am in life. I've been drug free for 22 months and was able to finish my associate's degree. The therapy I am receiving is teaching me how to live life. I would not be alive without the MAT Program. Special thanks to my Peer Support Therapist and individual therapist, Kerry Burts. His wisdom and relatability make it easy to open up to him and speak honestly. I have had many therapists throughout my journey. He is one of the BEST. He shoots straight with me and calls me on my issues. I'm learning to be honest ALL the time, how to communicate more effectively, and how to practice self-love. I have been so impressed by my MAT doctors and therapists that I changed all my doctors to MyCHN. This program and all involved are restoring HOPE and saving lives. Thank You MyCHN."

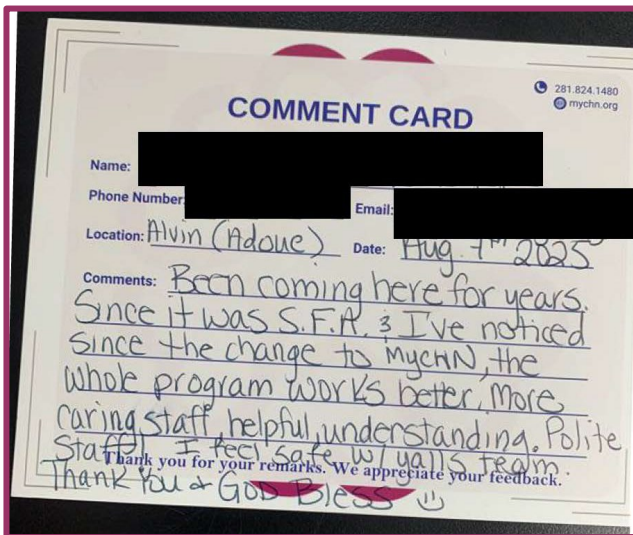
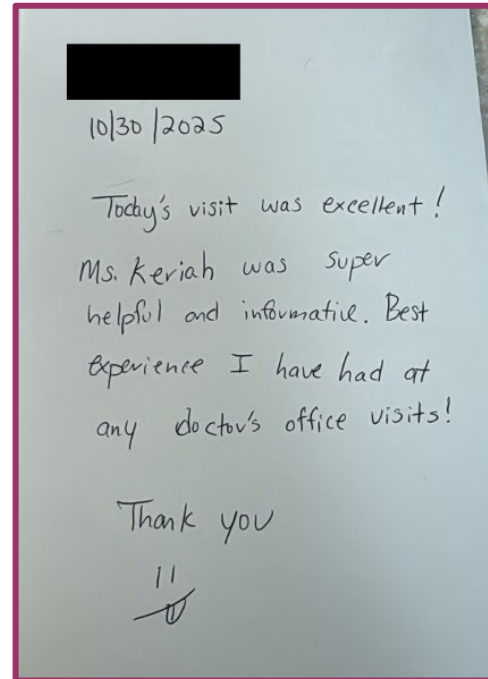


MyCHN Comment Cards

Comment cards are made available at the front desk at all MyCHN clinic sites to provide patients with an opportunity to share feedback and recognize staff members for exceptional service, and positive patient experiences.

A patient left a lovely note praising Dental Manager, **Keriah Medrano** at MyCHN Westwood.

“Today’s visit was excellent! Ms. Keriah was super helpful and informative. Best experience I have had at any doctor’s office visits! Thank you.”



This loyal patient left a comment card to express her gratitude to the staff of MyCHN Adoue.

“Been coming here for years. Since it was S.F.A. and I’ve noticed since the change to MyCHN, the whole program works better. More caring staff, helpful, understanding. Polite staff. I feel safe with ya’ll’s team. Thank you, God bless.”

A comment card at MyCHN Angleton Internal commended Pharmacy Technician, **Rosario Flores** for her wonderful personality and customer service.

“**Ms. Rosie** is the nicest [pharmacy] technician. I love her! She always has my meds ready for me with her smiley face. Very thankful for her.”



MyCHN Annual Employee Appreciation & Holiday Celebration

MyCHN hosted its Employee Appreciation Luau Party on Saturday, May 3rd, 2025, at the Brazoria County Fairgrounds in Angleton, Texas! This celebration brought the fantastic MyCHN team together from all locations for a day of laughter, fun, and bonding.

Teamwork truly makes the dream work here at MyCHN! 🌺



MyCHN staff striking a pose at a tropical photo

The celebration featured a festive **LUAU THEME** 🌺 and included a wide range of activities. The fun activities included food such as crawfish, fried fish, hotdogs, pulled pork, veggie trays, desserts, and more, along with games, raffle prizes, karaoke, temporary tattoos, a photo booth, and a water slide for both kids and adults. Guests enjoyed a day filled with delicious food, lawn games, team challenges, limbo and hula hoop contests, Polynesian dancing, and live entertainment. A live DJ kept the energy high throughout the day, creating memorable moments on the dance floor and encouraging everyone to join in the fun. The event was held to show MyCHN's heartfelt appreciation for its dedicated employees to celebrate their hard work, commitment, compassion, and contributions to patient care, while also providing an opportunity for staff and their families to relax, connect, and enjoy time together outside of the workplace.



Chief Executive, Mark Young and Quality, Technology and Clinical Liaison, Jolie Gana with one of the Polynesian dancers. 🍷



Staff busting a move on the dance floor.

 **The MyCHN Team photo capturing a great moment from the event!**



On Saturday, December 13th, 2025, MyCHN brought the sparkle, soul, and nonstop energy to the Bayou City Event Center with its unforgettable annual Christmas celebration,



The annual Christmas celebrations at MyCHN are more than just a holiday party, it's a vibrant tribute to a year of impact, teamwork, and community connection reflecting MyCHN's dedication to creating meaningful experiences that bring people together.

At the Boogie Wonderland event, guests stepped into an unforgettable evening filled with music, energetic dancing, laughter, holiday cheer, great food, and vibrant *70s-inspired energy*. MyCHN's Executive team and employees embraced the theme with bold bell bottoms, sparkling sequins, platform shoes, and festive disco glam, creating a wonderful atmosphere from the moment the doors opened. Guests also enjoyed a fun photo booth that captured special moments throughout the night. The event blended festive nostalgia with nonstop excitement, resulting in a joyful, memorable celebration that captured the heart of MyCHN's culture.

A special highlight of the evening was the employee awards presentation, where team members were recognized for their outstanding dedication, leadership, innovation, and service throughout the year. Awards such as the **Empathy Champion, Shining Star, Quality Recognition and Years of Service** were presented to numerous staff members and clinic teams. The ceremony added a meaningful and inspiring touch to the celebration, honoring the staff and team members whose hard work and commitment to drive MyCHN's mission forward.



Awards were presented to the team at MyCHN League City in recognition of excellence in Quality Recognition.



Empathy Champion awards provided to staff for their dedication and compassionate care to patients.

As disco lights flashed and classic hits kept the crowd moving late into the evening, the 2025 Annual Christmas Party became one of MyCHN's most talked about celebrations yet! A night where the holiday spirit met the disco era in spectacular fashion!




 The MyCHN's Executive Team alongside Mark Young, CEO, welcomed guests with inspiring remarks before an evening of celebration, recognition, and awards at the Boogie Wonderland Christmas Party.

2025 Event Highlights

2025 was a year of growth and many opportunities for MyCHN. The addition of My Community Health Foundation provided support to MyCHN through collaboration with the community and strives to bolster efforts in delivering accessible healthcare. The outreach team worked diligently to raise awareness about MyCHN's services at different events to ensure that the community had access to the resources they needed. MyCHN was able to sponsor events and engage with local communities to connect and collaborate with various services and non-profit organizations

EVENTS, PRESENTATIONS AND SPECIAL MOMENTS

- ◆ In early January, MyCHN's Behavioral Health team held a great Supervision and Delegation meeting to learn about treating children who had experienced trauma. The case presentation, "***Understanding and Addressing Childhood Trauma***," was led by in-house child therapy expert, Phuong Luu, LPC (Maddie), who served as the presenter for the month. The presentation was very informative, and the learning material provided critical guidance to the behavioral health staff. Thank you, Maddie, for sharing your knowledge with the team!
 - ◆ MyCHN's Quality Director, Nydia Garcia, presented at ***Houston Methodist Hospital and Tejano Center La Tiendita Health Education Initiative "Conocer Tu Poder" Mental Health Session***. The session focused on mental health within the Hispanic/Latino community and included engaging discussion and shared lived experiences from participants. Attendees were highly interactive and contributed meaningful perspectives that enriched the learning experience. With the expert clinical support of MyCHN's Lead Behavioral Health Therapist, Gardenia Garza Paul, LCSW-S, who reviewed the presentation and group activities in advance, Nydia delivered impactful information to the audience. In addition, Jesús Rodríguez, MBA, Program Manager for Community Benefits at Houston Methodist, extended his appreciation to the MyCHN team for their participation and noted the content shared with was invaluable and potentially life changing.
- 
- ◆ Brazosport Area Alumnae Chapter of Delta Sigma Theta Sorority, Inc. partnered with MyCHN and the American Heart Association to promote heart health through fun workouts, speakers and vendors at the ***Annual Fit 4 the Cause Health and Wellness Expo***. MyCHN's Business Development, Max Garcia and Community Donors Relations, Darlin Rodriguez gave a special presentation on whole-person care and access to healthcare for everyone and educated the community on the MyConcierge program and My Community Health Foundation.
 - ◆ The MyCHN's Outreach team had a great time at the ***Brazoria Heritage Foundation*** event where they shared information about MyCHN's healthcare services with parents and organizations across Brazoria County.



- ◆ MyCHN’s staff proudly participated in the American Foundation for Suicide Prevention (AFSP) “**2025 Hike for Hope**” 5k walk in Galveston, TX. The event was dedicated to suicide prevention and mental health support. MyCHN’s Outreach team Julissa Jacinto and Miriam Guzman put together snacks, water, and Gatorade for the staff who participated in the walk.
- ◆ Marketing Director, Mariela Salgado and the marketing team collaborated with **Telemundo** to spotlight MyCHN services and showcase the upcoming ribbon cuttings to the community. Through interviews, promotional outreach, and community engagement efforts the marketing team worked hard to elevate MyCHN and spread the word to the community!



MyCHN Tent at the Hike for Hope 5k Walk



MyCHN’s Outreach Team delivered a goodie basket to Little STEM Academy in Pearland, TX.

- ◆ MyCHN had the pleasure of visiting **Little STEM Academy** in Pearland, TX where students are encouraged to explore science, technology, engineering, and mathematics through hands-on learning experiences. MyCHN Silverlake also partnered with the academy to host a STEM activity designed for kids to engage in exciting and educational fun.
- ◆ The MyConcierge Access Team hosted an information table at **Texas City’s College of the Mainland** where they educated the students about concierge plans and recruited new patients.
- ◆ MyCHN's outreach and medical teams were proud to support **Angleton Intermediate School** by providing important vaccines for students preparing to enter 7th grade. Staff members worked closely with families and school personnel to help ensure students received the immunizations needed for the upcoming school year. These vaccines show a commitment to helping kids stay healthy, confident, and ready for the school year ahead.

- ◆ MyCHN partnered with the Clute Police Department during the **Water Play Day event at Clute Municipal Park**. The community event brought families together for a fun and engaging day of outdoor activities, while the Clute Police Department provided hot dogs and treats for attendees.
- ◆ The MyCHN Outreach team visited **Our Lady Queen of Peace Catholic School** to deliver food donations collected for the school’s food drive benefiting Most Holy Trinity Church in Angleton. The church pantry serves more than 400 families each week, providing essential food assistance to community members in need. MyCHN was proud to play a small part in such a powerful mission by helping local families facing food insecurity.



Our Lady Queen of Peach Catholic School students helping with food donations delivered by MyCHN for the Most Holy Trinity Church

- ◆ Members of the MyCHN team had the honor of attending a beautiful brunch honoring the **Spelman College** alumnae who have made an incredible impact in the community. MyCHN's very own Dr. Yvette Poindexter was recognized for her outstanding achievements and selfless service. Her dedication to improving the lives of patients and strengthening the community continues to inspire both colleagues and community members alike.



MyCHN Executive Team at the Spelman College Alumnae Brunch event

- ◆ MyCHN's Mobile Health Unity partnered with **The Center for the Arts & Sciences** to offer free health screenings for volunteers, visitors, and the community. Services included basic screenings such as blood pressure and blood glucose testing helping promote preventive care and increase awareness about the importance of routine health monitoring.



MyCHN Clinical Champions providing vaccinations at Deepwater Junior High

- ◆ MyCHN held a back-to-school free vaccine event at **BakerRipley** for students to receive essential vaccines for a healthy school year. Families received essential immunizations while connecting with MyCHN staff and learning about available healthcare services and resources.
- ◆ MyCHN sponsored the **Summer Splash Bash** at Pearland Town Center with South Houston Moms. The day was full of family fun, laughter, and community connection all while spreading information about MyCHN's services.

- ◆ MyCHN held a vaccination event at **Deepwater Junior High School** in Pasadena where they served 27 patients and administered 67 total vaccines to help students prepare for a healthy school year.

- ◆ MyCHN proudly sponsored the **Unite the Fight** event, a community festival and memorial walk dedicated to suicide prevention, mental wellness, and healing. The team held a resource table and a wellness experience with Tai Chi and yoga with Jiali Sun.

- ◆ MyCHN's Human Resource team attended the **Greater Houston Partnership's HYPE Conference for Young Leaders**, where MyCHN served as a major sponsor in support of leadership development and community engagement.



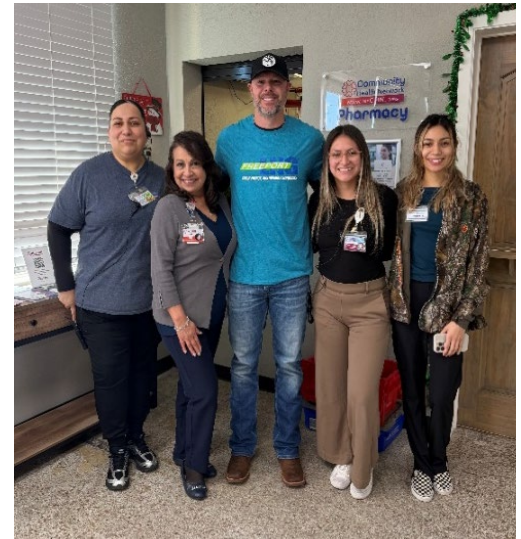
MyCHN's Human Resource Team at the HYPE Summit



Ezreal Garcia representing MyCHN on station Puro Tejano 106.1.

- ◆ MyCHN’s VP, Ezreal Garcia and Marketing Director, Mariela Salgado were featured on the radio station *Puro Tejano 106.1*. They promoted MyCHN’s services to the Hispanic community, highlighting the importance of healthcare.

- ◆ MyCHN had the privilege of attending the *Youth Symposium hosted by Delta Sigma Theta Sorority, Inc.* Students explored important topics like mental health, smart financial choices, career planning, and tools for a brighter future! MyCHN sponsored snacks and shared services with an inspiring group of young leaders.
- ◆ Former *Houston Astros pitcher Ryan Pressly* stopped by MyCHN Clute to help spread Christmas cheer! Pressly partnered with the Brazoria County Dream Center to prepare gifts for their annual “Dream Gifts” which supports children in the community during the holiday season.



Ryan Pressly at MyCHN Clute



Angleton Fire Station taught the MyCHN team how to use fire extinguishers during their fire safety class

- ◆ The *Angleton Fire Station* conducted a hands-on fire safety training for MyCHN staff, teaching proper fire extinguisher use and reinforcing the importance of fire prevention and emergency preparedness. Staff members gained practical safety knowledge that helps strengthen workplace readiness and overall community safety awareness.

- ◆ MyCHN had a great opportunity to bring services and provide meaningful care in *Rio Grande Valley*, an underserved community. A big thank you to Clinical Champions, Angela Campos and Roxie Syers for serving the community with glucose checks and blood pressure screenings helping residents access important preventive health services and increasing awareness of overall wellness in the community.



MyCHN in the Rio Grande Valley



My Community Health Foundation

My Community Health Foundation was launched as a dedication to supporting the needs of MyCHN patients. This initiative marked a significant step in enhancing community health resources and provides essential support where it's needed most. The Foundation, in collaboration with local, state, and federal agencies, advocates for policies that ensure access to healthcare for all communities.

“We are proud to establish the My Community Health Foundation, which will provide much needed resources to those who need healthcare the most, The My Community Health Foundation will help improve health outcomes and support a better healthcare system for all.”

–Mark Young, CEO of MyCHN

- MyCHN and My Community Health Foundation participated in ***Brazoria County Day*** on February 27th in Austin alongside community partners, elected officials, and board members to advocate for the public health needs of Brazoria County. This event served as a vital platform to engage with state legislators, address the challenges MyCHN’s community faces, and collaborate on sustainable solutions that promote health, well-being, and equitable access to care.
- My Community Health Foundation had the opportunity to share information about their work at the ***Clear Lake Area Chamber of Commerce’s Texas Nonprofit Mixer*** on March 12th. It was an amazing opportunity to connect, collaborate, and spread the word about their mission to the community and peers.
- On March 27th, MyCHN and My Community Health Foundation had a great time representing and spreading the word about services and programs at the ***Professionals in Heels*** event hosted by the Brazoria Hispanic Chamber of Commerce.
- MyCHN and My Community Health Foundation were proud to support ***Bay Area Houston Transportation Partnership BayTran at the TopGolf Tournament*** on April 4th. They helped raise funds for Pearland Independent School District and Dickinson Independent School District that directly impact the students and families in these communities.



Brazoria County Hispanic Chamber of Commerce
Professionals in Heels

- My Community Health Foundation and MyCHN were proud to support *Angleton ISD at Nashfest* on April 8th, a music festival fundraiser benefiting Angleton ISD’s teachers and students. Proceeds from this festival support the Angleton Education Foundation’s mission to fund teacher grants, student programs, and innovative initiatives that enhance education. The day included live music, delicious food from local food trucks, and plenty of family fun.
- My Community Health Foundation and MyCHN held a booth at the *March of Dimes March for Babies* walk on April 27th to provide information about services and programs and educated moms on keeping themselves and their babies healthy. The March for Babies is an important fundraiser that raises funds to help with America’s maternal and fetal infant health crisis. My Community Health Foundation and MyCHN are committed to improving maternal and fetal health outcomes and are proud to support March of Dimes with this event.
- My Community Health Foundation and MyCHN had a great time at *Northern Brazoria County Chamber of Commerce’s Coffee & Connections* event. They shared exciting updates about the impactful work of the Foundation and the upcoming Dodge for a Cause tournament.
- The *Schmooze, Booze, and Swing* fundraising event at Top Golf hosted by My Community Health Foundation was an incredible evening filled with generosity, connection, and community impact. Funds received from the generous support went towards increasing access to quality healthcare for families in the community, supporting patients who are uninsured or underinsured, and strengthening local programs that care for mind, body, and spirit.



Jenna Haviland and Ezreal Garcia at the Schmooze, Booze, and Swing fundraiser



My Community Health Foundation and Outreach at Nashfest



MyCHN team at the March of Dimes Baby Walk

FoodRX Market Trailer Program

MyCHN collaborates with the Houston Food Bank to provide food to local communities through MyCHN's Food for Change and Food RX Market Trailer events. These mobile food distribution efforts are critical in addressing food insecurity to support individuals and families in need.


The Food RX Program is a health initiative where healthcare providers “prescribe” nutritious foods to patients to manage or prevent health conditions. The program targets individuals identified with chronic care conditions such as pre-diabetes, hyperlipidemia, obesity, and hypertension, and screens them for food insecurity.

- The Food RX program provides participants with access to healthy foods and education to improve their health. Eligible patients receive up to 30 pounds of healthy food at each event, including items such as fresh, seasonal fruits and vegetables, canned fruits and vegetables, frozen lean meats, unsweetened low-fat milk, eggs, whole grains (pasta, rice, and bread), low-sodium or no salt-added canned goods (chicken, tuna, tomato sauce), beans, nuts, and peanut butter.



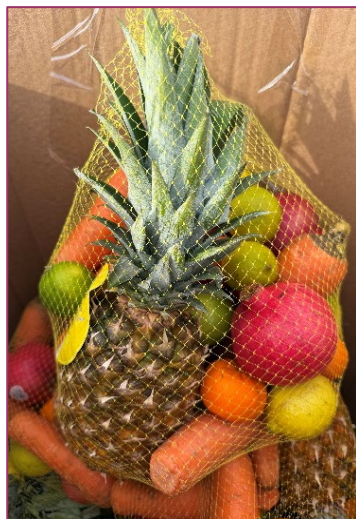
Rain or shine, MyCHN is there for the community! Boxes of food gathered outside of MyCHN Callaway site, ready for patients to take home.



 MyCHN hosts the Food RX Food Market Trailer at the MyCHN Callaway clinic site year-round, from January through December, on the **first** and **third** Monday of each month.

- ★ Since launching the Food RX events at MyCHN Callaway, the program has experienced tremendous growth. **In 2025, the team served 1,080 patients, averaging 90 patients each month, compared to 384 patients served the previous year.**

This significant increase highlights MyCHN's positive impact in improving access to nutritious food and supporting patient health, particularly for individuals with chronic conditions who benefit from healthier food options at home.



MyCHN's 6th Annual Fundraiser

MyCHN is thrilled to announce the 6th Annual 2025 Dodge for a Cause, a community-driven event that combined the thrill of a friendly yet competitive dodgeball tournament with a mission to make a lasting impact on the communities served by MyCHN.

The Mission

Dodge for a Cause is more than just a tournament—it's a rallying cry to bring the community together for a purpose. The proceeds from this event played a crucial role in funding My Community Health Foundation. The foundation supports healthcare services for uninsured and underinsured populations, improving health outcomes, and advocating for equitable care.

The Dodge for a Cause events were held at:

- **Northern Tournament**
 - Pearland Recreation Center, Saturday June 14th—Winners Frost Bank!
- **Southern Tournament**
 - Lake Jackson Recreation Center, Saturday June 28th—Winners Boys & Girls Clubs of America

Support for this cause not only made the 2025 Dodge for a Cause a memorable event but has also helped MyCHN advance the mission of providing accessible health for those who need it most. This event was able to raise **\$50,800** to go towards patient services for uninsured and underinsured individuals.



Congratulations to
**Boys & Girls
Clubs of America**



Congratulations to
Frost Bank

Making a Difference in the Community

MyCHN aims to bridge the gap in healthcare access by offering services to those who may not have the means to afford it. MyCHN's work is centered around people with a commitment to serving every patient, staff member, and community partner who walks through the door, no matter their ability to pay. Participation in the 2025 dodge for a cause directly contributed to funding the care for patients in the community who are in need.

A Special Thanks to our Sponsors:

- ★ Dow
- ★ Quest Diagnostics
- ★ Chevron Phillips Chemical
- ★ Phillips 66
- ★ Comcast
- ★ Ovation Health
- ★ Frost Bank
- ★ Shell Federal Credit Union
- ★ AMOCO Federal Credit Union
- ★ Houston Methodist
- ★ MD Anderson Cancer Center
- ★ Marquis Industrial Services
- ★ MOTU



Thank you to all the amazing teams for their determination and competitive spirit!

- ★ Quest Diagnostics
- ★ Houston Methodist
- ★ Chevron Phillips Chemical
- ★ MOTU
- ★ Frost
- ★ MD Anderson
- ★ Shell Federal Credit Union
- ★ Marquis
- ★ Ovation Health
- ★ Phillip 66
- ★ HCA Pearland
- ★ Wellby
- ★ Brazoria County Hispanic Chamber of Commerce
- ★ Pharmacy Team
- ★ Mark Young's Team
- ★ Lihn Tran's Team
- ★ City of Alvin
- ★ Spirit of Praise Church
- ★ Military Group
- ★ Brazoria County Hispanic Young Professional
- ★ Alvin Community College
- ★ Communities in School Brazoria County
- ★ Boys and Girls Club Brazoria County
- ★ Angleton Fire Department
- ★ Brazosport College



MyCHN CEO, Mark Young's team ready to play!



An Alvin Community College player scores to bring them into 2nd place at the Pearland tournament!



Proud finish for the Spirit of Praise Church 'Heavenly Hitters,' placing 3rd at the Lake Jackson tournament!

More pictures from the Southern and Northern Tournaments



The Phillips 66 team stepping onto the court, prepared for action and fired up for the game ahead.



The Quest Diagnostics team is having a great time together, enjoying a fun and energetic moment of connection and teamwork.



The Communities in School of Brazoria County team posing for a group photo before the game, showing their unity and team spirit!



Keeping it fair and keeping it fun! The Dodge for a Cause referee in the spotlight!

Collaborative Partnerships

THANK YOU TO OUR SUPPORTERS!

Collaboration is at the core of MyCHN's work to improve health outcomes, remove barriers to care, and save lives through the power of partnerships.

MyCHN's Collaborative Partnerships:

2025 PARTNERSHIPS:

- ◆ ActionS, Inc.
- ◆ Advances in Health Research
- ◆ Alvin Community College
- ◆ Alvin Independent School District
- ◆ Alvin Sunrise Rotary Club
- ◆ AMACC Toastmasters
- ◆ American Cancer Society
- ◆ Americares
- ◆ Angleton Independent School District
- ◆ Archangel of Texas
- ◆ A Whole New World Charity
- ◆ BakerRipley
- ◆ Bassem Maximos, M.D.
- ◆ BayTran – Bay Area Houston Transportation Partnership
- ◆ Brazosport College
- ◆ Brazosport Independent School District
- ◆ Brazoria County Head Start Early Learning Schools, Inc.
- ◆ Brazoria County Dream Center
- ◆ Brazoria County Office of Emergency Management
- ◆ Brazoria County Homeland Preparedness Project
- ◆ Brazos Place
- ◆ Brazosport Medical Center
- ◆ Christus Point of Light
- ◆ Clear Lake Independent School District
- ◆ Communities in Schools
- ◆ Direct Relief
- ◆ Episcopal Health Foundation
- ◆ Freeport Police Department
- ◆ Galveston County Health District
- ◆ Greater Houston Health Connect
- ◆ Gulf Coast Center
- ◆ Gulf Coast Transit
- ◆ Harvest for the Hungry
- ◆ HCA Healthcare Pasadena & Clear Lake
- ◆ Hitchcock Independent School District
- ◆ Houston Business Women's Association
- ◆ Houston Food Bank
- ◆ Houston Methodist Hospital
- ◆ Houston Sonogram
- ◆ Kingsley Asumugha, M.D.
- ◆ M.D. Anderson Cancer Center
- ◆ Memorial Hermann Hospital System
- ◆ Pasadena Independent School District
- ◆ Pearland Community Coalition
- ◆ San Jacinto College
- ◆ St. John the Baptist Catholic Church
- ◆ The Rose
- ◆ The Salvation Army
- ◆ Texas A&M University, Health Science Center
- ◆ Texas Children's Pediatrics
- ◆ Texas WIC
- ◆ The University of Texas at Austin
- ◆ UTHealth, Texas Medical Center
- ◆ United Way of Brazoria County
- ◆ United Way Galveston County Mainland
- ◆ University of Houston – Clear Lake
- ◆ University of Houston-Downtown
- ◆ UTMB Health

2025 CHAMBERS:

- ◆ Alvin-Manvel Chamber of Commerce
- ◆ Angleton Brazoria County Chamber
- ◆ Brazoria County Hispanic Chamber of Commerce
- ◆ Clear Lake Chamber of Commerce
- ◆ Dickinson Chamber of Commerce
- ◆ Galveston Island Regional Chamber of Commerce
- ◆ Houston Hispanic Chamber of Commerce
- ◆ League City Regional Chamber of Commerce
- ◆ Pearland Chamber of Commerce
- ◆ South Belt-Ellington Chamber of Commerce

2025 Grant Supporters:

- ◆ Delta Dental Community Care Foundation
- ◆ Episcopal Health Foundation
- ◆ Houston Methodist Hospital Foundation
- ◆ HRSA (Health Resources & Services Administration)
- ◆ Substance Abuse and Mental Health Services Administration (SAMSHA)
- ◆ Texas Health and Human Services



2025 Financials

Affordable Care for All

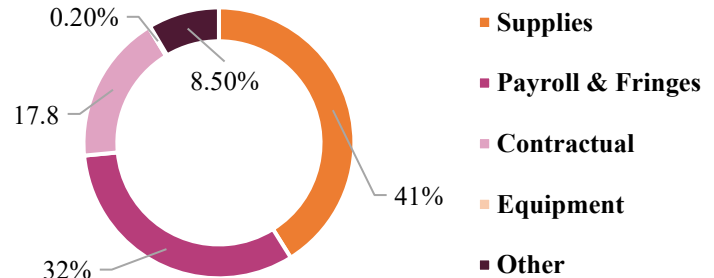
As healthcare costs continue to rise and more individuals face gaps in insurance coverage, MyCHN remains committed to making quality care accessible and affordable. As a Federally Qualified Health Center (FQHC), MyCHN receives federal funding that allows us to provide sliding fee discount programs for eligible patients.

MyCHN accepts most private insurance plans, Medicaid, Medicare, and CHIP. Patients without insurance may qualify for reduced self-pay rates based on household size and income. At MyCHN, we are dedicated to delivering high-quality, cost-effective care by keeping office visits, lab services, and pharmacy costs significantly lower than many other providers. MyCHN also offers financial assistance programs for qualifying low-income and uninsured patients to help make healthcare more accessible and affordable. MyCHN provides care regardless of a patient's ability to pay.

Every patient begins with MyCHN's Patient Eligibility Department, where uninsured individuals are for eligible discounted self-pay services based on their family size and household income. Using board-approved Patient Fee Procedures, staff evaluate household income and family size to determine eligibility and appropriate service fees. MyCHN follows the Federal Poverty Guidelines published annually in the Federal Register to ensure fair and consistent qualification standards.

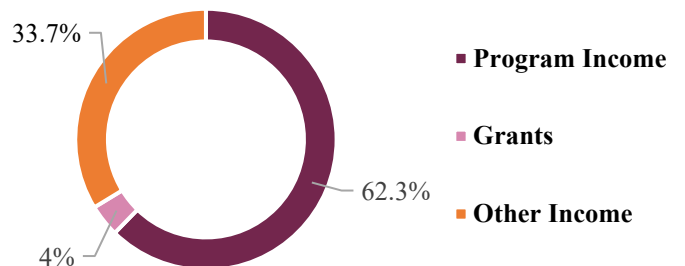
EXPENSE SUMMARY

	Amount	%
<i>Supplies</i>	\$53,681,475.65	41.1%
<i>Payroll & Fringes</i>	\$42,360,593.03	32.4%
<i>Contractual</i>	\$23,238,562.06	17.8%
<i>Equipment</i>	\$267,481.35	0.20%
<i>Other</i>	\$11,171,926.9	8.5%
Total Expenses:	\$130,720,038.99	



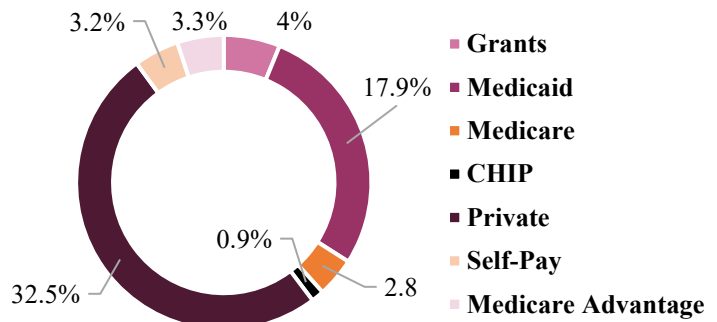
REVENUE

	Amount	%
<i>Program Income</i>	\$88,929,622.34	62.3%
<i>Grants</i>	\$5,719,192.04	4%
<i>Other Income</i>	\$48,103,159.33	33.7%
Total Revenue:	\$142,721,134.52	



DETAILED REVENUE

	Amount	%
<i>Grants</i>	\$5,719,192.04	4%
<i>Medicaid</i>	\$25,556,883	17.9%
<i>Medicare</i>	\$4,044,790.85	2.8%
<i>CHIP</i>	\$1,333,513.91	0.9%
<i>Private</i>	\$46,425,393.94	32.5%
<i>Self-Pay</i>	\$4,608,839.40	3.2%
<i>Medicare Advantage</i>	\$4,719,912.56	3.3%



2026 Strategic Developments



Expand New Clinic Sites:

- Open a 3rd Lake Jackson site (Brazoria County): MyCHN Kids Way in January 2026 for Pediatric Services
- Open a 2nd Pasadena site (Harris County): MyCHN Pasadena Women and Childrens in Spring 2026.



Expand Primary Care Services at MyCHN Specialties.



Expand pharmacy services at MyCHN Webster.



Expand and renovate MyCHN Women and Children's clinic to increase greater access to pediatric and women's health services.



Expand Specialty Services:

- Gastroenterology services at the MyCHN Adoue and Pearland Family Health Center clinic sites
- Infectious Disease



Host 6th annual Dodge for a Cause tournament to help fund the My Community Health Foundation.



Improve breast cancer screening rate to 50% by the end of 2026.



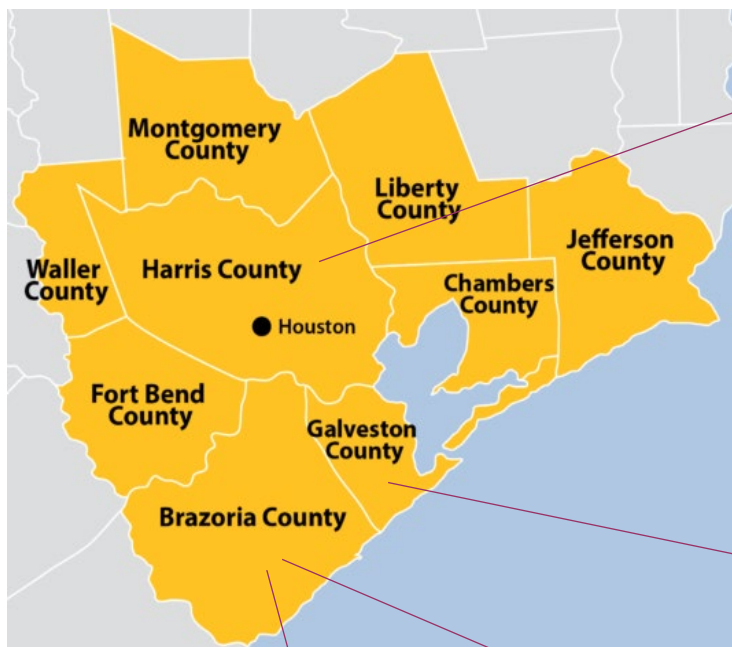
Improve colorectal cancer screening rate to 35% by the end of 2026.










Expand Elevations Platform with new community partners.












MyCHN Clinic & Pharmacy Sites











-  Established Sites
-  Anticipated Sites

-  MyCHN Pasadena
 - ◆ 6243 Fairmont Pkwy Ste 203 & 204, Pasadena, TX 77505
-  MyCHN Webster
 - ◆ 17500 State Hwy 3, Webster, TX 77598
-  MyCHN at Westwood
 - ◆ 9700 Bissonnet St, Houston, TX 77036
-  MyCHN Woodforest
 - ◆ 12871 East Fwy, Houston, TX 77015
-  Scarsdale Family Health Center
 - ◆ 10851 Scarsdale Blvd Suite 160, Houston, TX 77089

-  MyCHN Bacliff
 - ◆ 1136 Grand Avenue, Bacliff, TX 77518
-  MyCHN League City
 - ◆ 2360 Gulf Fwy S#100-C, League City, TX 77573

-  MyCHN Adoue
 - ◆ 1111 W. Adoue St., Alvin, TX 77511
-  MyCHN Angleton
 - ◆ 2020 E. Mulberry St., Angleton, TX 77515
-  MyCHN Angleton Oasis
 - ◆ 303 East Locust Street, Angleton, TX, 77515
-  MyCHN Clute
 - ◆ 792 Brazosport Blvd S, Clute, TX 77531
-  MyCHN Callaway
 - ◆ 1612 Callaway Dr, Alvin, TX 77511
-  MyCHN Freeport
 - ◆ 905 N. Gulf Blvd, Freeport, TX 77541
-  MyCHN Lake Jackson
 - ◆ 120 Flag Lake Drive #2, Lake Jackson, TX 77566

-  Lake Jackson Family Care (inside Brazos Mall)
 - ◆ 100 Hwy 332 W. Suite 1404, Lake Jackson, TX 77566
-  MyCHN Silverlake
 - ◆ 9430 Broadway St. Suite 120, Pearland, TX 77584
-  MyCHN Specialties and Primary Care
 - ◆ 215 Oak Drive S Ste H, Lake Jackson, TX 77566
-  MyCHN Technology Drive
 - ◆ 4005 Technology Dr. Suite 1190, Angleton, TX 77515
-  Pearland Family Health Center
 - ◆ 2552 E. Broadway St. #102, Pearland, TX 77581
-  Women & Children's Health Center
 - ◆ 218 E. House St., Alvin, TX 77511
-  MyCHN Kids Way (2026)
-  MyCHN Freeport Women & Children's (2027)
 - ◆ Freeport, TX 77541



In-Person Hours:
 Monday-Friday: 8am-6pm
 Saturday: 9am-3pm
 Sunday: Virtual Care



Virtual Care Hours:
 Monday-Friday: 8am-9pm
 Saturday: 8am-5pm
 Sunday: 8am-5pm



Dental Sites

MyCHN Adoue

1111 W. Adoue St.
Alvin, TX 77511

Pearland Family Health Center

2552 E. Broadway St.
#102, Pearland, TX
77581

MyCHN Freeport

905 N. Gulf Blvd.
Freeport, TX 77541

Women & Children's Health Center

218 E. House St.
Alvin, TX 77511

Scarsdale Family Health Center

10851 Scarsdale Blvd
Suite 160,
Houston, TX 77089

MyCHN League City

2360 Gulf Fwy S #100-
C
League City, TX 77573

MyCHN Technology Drive

4005 Technology
Drive Suite 1190
Angleton, TX 77515

MyCHN Silverlake

9430 Broadway St
Suite 120,
Pearland, TX 77584



Dental Hours:

Monday: 8am-6pm Wednesday: 9am-7pm
Friday: 8am-5pm

MyCHN Pharmacies:

MyCHN Adoue

1111 W. Adoue St.,
Alvin, TX 77511

Women & Children's Health Center

218 E. House St.,
Alvin, TX 77511

Pearland Family Health Center

2552 E. Broadway
St. #102, Pearland,
TX 77581

MyCHN Freeport

905 N. Gulf Blvd.,
Freeport, TX 77541

MyCHN League City

2360 Gulf Fwy S #100-
C, League City, TX
77573

Scarsdale Family Health Center

10851 Scarsdale Blvd
Ste. 160, Houston, TX
77089

MyCHN Angleton

2020 E Mulberry St.,
Angleton, TX 77515

MyCHN Clute

792 Brazosport Blvd.
S, Clute, TX 77531

MyCHN Silverlake

9430 Broadway St Ste.
120, Pearland, TX
77584

MyCHN Technology Drive

4005 Technology Drive
Ste. 1190, Angleton,
TX 77515

MyCHN Pasadena

6243 Fairmont Ste. 204,
Pasadena, TX 77505

MyCHN Lake Jackson

120 Flag Lake Dr.,
Lake Jackson, TX
77566

MyCHN Specialties and Primary Care

215 Oak Dr S Ste. H,
Lake Jackson, TX 77566



Pharmacy Hours:

Monday-Friday: 9am-5:30pm
Saturday: 9am-3pm



Follow MyCHN on Social Media:



Community Health Network



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@MyCHN_Texas



MyCHN Podcast: Health
Conversations Without Barriers



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