iHealth Weight Scale

Package contains
1-Weight scale
4- AAA batteries

Remote Patient Monitoring User:

1.) Please make sure your Bluetooth is turned “ON” Smart phone device

2.) Ensure you have signed up for a CHN Patient Portal account. (If you do not have a Patient Portal account, please speak with your CCM Care Coordinator)

3.) Ensure you have your Patient Portal username and password readily available
4.) Next, go to the myCHN app on your Smart phone. (myCHN icon)

5.) Please make your desired language selection. Next click on Skip at the bottom of the screen.
6.) Using your Patient portal username and password sign in to the MyChn app.

7.) The main page of the MyChn app will appear.
8.) Go down to My Health Management and select View in MyPortal.

9.) Select MyHealth Management.
10.) Select Weight.

11.) Select Add New Vital.
12.) Select Automatic (Bluetooth).

13.) Select Weight (HS2S)
14.) Smart device will begin to search for Bluetooth device. Bluetooth ID number should display. Click on it.

15.) Go ahead and step on the weight scale. When the following instruction displays. (Device connected. Please attach all accessories(batteries) before connection)
16.) Weight reading will display at the bottom of the myCHN app. Click on “Save Vitals”.
17.) Weight reading has been “Saved Successfully”, and data has been automatically sent for review.